Only Time For You (P)



拍數: 40 牆數: 0 級數: Partner

編舞者: Bill Dodd & Mare Dodd (USA)

音樂: Only Time - Enya

Position: Closed Dance Position

7&8

ROCK; RECOVER; CHA; ROCK; RECOVER; CHA

1-2 **MAN:** Rock forward on left; recover back on right

LADY: Rock back on right; recover forward on left

3&4 MAN: Cha/triple step left-right-left slightly back

LADY: Cha/triple step right-left-right slightly forward

LADY: Rock forward on left; recover back on right

5-6 **MAN:** Rock back on right; recover forward on left

MAN: Cha/triple step right-left-right slightly forward

LADY: Cha/triple step left-right-left slightly back

ROCK; RECOVER (MAN); FULL TURN (LADY); CHA; ROCK; RECOVER CHA:

1-2 **MAN:** Rock forward on left; recover back on right

LADY: Turn full turn to right; stepping right-left

Man uses his left hand to turn lady; rejoin closed position after lady's turn

3&4 MAN: Cha/triple step left-right-left slightly back

LADY: Cha/triple step right-left-right slightly forward

5-6 **MAN:** Rock back on right; recover forward on left

LADY: Rock forward on left; recover back on right

7&8 MAN: Cha/triple step right-left-right slightly forward

LADY: Cha/triple step left-right-left slightly back

OPEN BREAK; CHA; OPEN BREAK; CHA:

1-2 MAN: Turning ¼ right; rock forward on left; recover back on right

LADY: Turning 1/4 left; rock forward on right; recover back on left

Lady's right hand will be in man's left; other hands free

3&4 MAN: Turning 1/4 left to face partner again, cha/triple left-right-left to left

LADY: Turning ¼ right to face partner again, cha/triple right-left-right to right

Both hands will be rejoined at waist level

5-6 MAN: Turning 1/4 left; rock forward on right; recover back on left

LADY: Turning 1/4 right; rock forward on left; recover back on right

Lady's left hand will be in man's right; other hands free

7&8 MAN: Turning ½ right; cha/triple step right-left-right to right

LADY: Turning 1/2 left; cha/triple step left-right-left to left

As couple turns ½, they will rejoin with their inside hands: lady's right in man's left

STEP-PIVOT 1/2; CHA

1-2 **MAN:** Step forward on left; pivot ½ right

LADY: Step forward on right; pivot ½ left

Couple will release hands during pivot & after pivot will join lady's left hand in man's right

3&4 MAN: Cha/triple step forward left-right-left

LADY: Cha/triple step forward right-left-right

5-6 MAN: Step right foot slightly back at 45 angle & to right side; cross left over right

LADY: Begin ½ turn by stepping left foot across in front of man, complete ½ turn as she steps

on right foot (lady faces man)

During this turn, man make a "j hook" to turn lady to face him. He turns her by extending his right hand out at

waist level to the right & then hooking it back toward his torso . Also, at this point, lady will be on man's left side

7&8 MAN: Cha/triple step forward right-left-right

LADY: Turning 1 & ½ left; cha/triple step left-right-left

Man will help lady with her turn by slightly pushing her off with his right hand. This will be a free spin for the lady & after the turn, rejoin lady's right hand in man's left

1-2 MAN: Rock forward on left; recover back on right LADY: Rock forward on right; recover back on left

3&4 MAN: Cha/triple back left-right-left

LADY: Turning ½ right, cha/triple right-left-right

5-6 **MAN:** Rock back right; recover forward left

LADY: Step forward left; pivot ½ right

7&8 MAN: Turning ¼ left; cha/triple right-left-right to right side

LADY: Turning 1/4 right; cha/triple left-right-left to left side

REPEAT