

Only Time (L/P)

COPPER KNOB
STEPSHEETS

拍數: 34

牆數: 4

級數: Intermediate/Advanced line/partner
dance



編舞者: Barbara Nichols (USA)

音樂: Only Time - Enya

Position: Closed

LADY

WALK, WALK, SHUFFLE, ROCK STEP

- 1-2 Walk back right, left
- 3&4 Shuffle back right-left-right
- 5-6 Rock back left, rock forward right

WALK, WALK, SHUFFLE, ROCK STEP

- 7-8 Walk forward left, right
- 9&10 Shuffle forward left-right-left
- 11-12 Rock forward right, rock back left

SHUFFLE, ROCK STEP X3 (JOIN HANDS)

- 13&14 Shuffle in place right-left-right
- 15-16 Rock back 1/8 left, forward right
- 17&18 Shuffle in place left-right-left
- 19-20 Rock back 1/8 right, forward left
- 21&22 Shuffle in place right-left-right
- 23-24 Rock back left, forward right

SHUFFLE, ROCK STEP TWICE WITH ¼ TURN (DROP MAN'S RIGHT, LADY'S LEFT HANDS)

- 25&26 Shuffle forward left-right-left, ¼ turn right (lady ends to man's left side)
- 27-28 Rock back right, forward left

SHUFFLE, ROCK STEP, SHUFFLE (ENDING IN CLOSED POSITION)

- 29&30 Shuffle right-left-right, turning ½ to left (under joined hand) (closed position resumed)
- 31-32 Rock forward left, back right
- 33&34 Shuffle in place left-right-left

REPEAT

MAN

WALK, WALK, SHUFFLE, ROCK STEP

- 1-2 Walk forward left, right
- 3&4 Shuffle forward left-right-left
- 5-6 Rock forward right, rock back left

WALK, WALK, SHUFFLE, ROCK STEP

- 7-8 Walk back right, left
- 9&10 Shuffle back right-left-right
- 11-12 Rock back left, rock forward right

SHUFFLE, ROCK STEP X3 (JOIN HANDS)

- 13&14 Shuffle in place left-right-left
- 15-16 Rock forward 1/8 right, back left

17&18 Shuffle in place right-left-right
19-20 Rock forward 1/8 left, back right
21&22 Shuffle in place left-right-left
23-24 Rock back right, forward left

SHUFFLE, ROCK STEP TWICE WITH ¼ TURN (DROP MAN'S RIGHT, LADY'S LEFT HANDS)

25&26 Shuffle forward right-left-right, ¼ turn left (man goes under lady's right arm)
27-28 Rock back left, forward right

SHUFFLE, ROCK STEP, SHUFFLE (ENDING IN CLOSED POSITION)

29&30 Shuffle in place left-right-left (closed position resumed)
31-32 Rock back right, forward left
33&34 Shuffle in place right-left-right

REPEAT
