

# The Only One

COPPER KNOB  
BY STEPHEN BRETTS

拍數: 56      牆數: 2      級數: Advanced  
編舞者: Brett Jenkins (AUS)  
音樂: Maybe Not Tonight - Sammy Kershaw & Lorrie Morgan



- 1&2      Forward coaster (step left foot forward, step right next to left, step back on the left), drag right foot back to meet left
- 3&4      Back coaster (step right foot back, step left next to right, step forward on the right), drag left foot forward to meet right
- 5      Step left foot in front of right, sweep right foot forward in a circular motion
- 6      Step right foot in front of left, sweep left foot forward in a circular motion
- 7&8      Left sailor with a  $\frac{1}{4}$  turn left (step left across in front of right, step right foot back while making a  $\frac{1}{4}$  turn left, step left to the left side)
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- 1&2&      Step right foot in front of left, step left to the left side, step right foot behind left, step left to the left side
- 3-4      Step right to the right side, drag left foot to meet right and put weight on the left foot
- &5-6      Step right foot to right side, step left foot to left side, step weight on the right foot and drag left foot to meet right
- 7&8      Left sailor step (step left behind right, step right to the right side, step left to the left side)
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- 1-2&      Rock right out to right side, rock weight onto left, step right next to left
- 3-4&      Rock left out to left side, rock weight onto right, step left next to right
- 5-6&      Rock forward onto right, rock back onto left, step right next to left
- 7-8      Touch left toe back, make a  $\frac{1}{2}$  turn left on the balls of both feet ending with weight on right.
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- 1-2      Step left foot back and sweep right foot back in a circular motion, repeat with right foot
- 3&4      Left sailor step (step left behind right, step right to the right side, step left to the left side)
- 5-6&      Step right foot in front of left, rock left out to left side, rock weight onto right foot
- 7&8      Step left foot in front of right, step right foot to the side, step left foot in front of right
- Restart occurs after the previous 7&8 counts on the 3rd wall, by adding an extra & count. On this count you must step the right foot forward, while making a  $\frac{1}{4}$  turn right. Then start the dance again.**
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- 1-2      Step right foot to right side,  $\frac{1}{2}$  hinge turn left ( $\frac{1}{2}$  turn left on right foot) stepping down on left foot
- &3-4      Step right foot in front of left, rock left foot to left side, rock weight onto right foot
- &5-6&      Step left foot in front of right, rock right foot to right side, rock weight onto left foot, step right foot in front of left
- 7-8      Rock left foot to left side, rock onto the right foot and  $\frac{1}{2}$  hinge turn left ( $\frac{1}{2}$  turn left on right foot)
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- &1-2&      Step left foot down, step right foot in front of left, step left foot to left side, step right foot in front of left
- 3-4      Step left foot to left side while making a  $\frac{1}{4}$  right, step back on right foot
- 5&6&      Coaster back (step left foot back, step right foot next to left, step left foot forward), step right foot next to left
- 7-8&      Step left forward,  $\frac{1}{2}$  pivot turn right ending with weight on right, step left next to right.
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- 1-2&      Step right forward,  $\frac{1}{2}$  pivot turn left ending with weight on left, step right next to left
- 3-4      Step left forward,  $\frac{1}{2}$  pivot turn right ending with weight on right
- 5&6      Make a 1 &  $\frac{1}{2}$  turn back stepping left, right, left (turning to the left)
- 7-8      Step forward right, touch left beside right

**REPEAT**

**RESTART**

**On the 3rd wall, there is a restart by adding an extra & count. On this count, you must step the right foot forward, while making a  $\frac{1}{4}$  turn right. Then start the dance again.**

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