

Only One Road

COPPER **NOB**
BY STEPHEN

拍數: 66 牆數: 2
編舞者: Cheryl Tonner (UK)
音樂: Only One Road - Céline Dion



TWINKLE ½ TURN LEFT, RIGHT TWINKLE

- 1-3 Cross-step left foot over right, make ¼ turn left stepping back onto right, make ¼ turn left stepping left to left side
4-6 Cross-step right foot over left, step left slightly left diagonal, recover weight onto right

TWINKLE ½ TURN LEFT, RIGHT TWINKLE

- 1-6 Repeat counts 1-6 above (12:00)

WALTZ ¼ TURN LEFT, RIGHT BACK BASIC STEP

- 1-3 Step left foot forward, make ¼ turn left stepping right beside left, step left beside right in place
4-6 Step right foot back, step left beside right, step right beside left in place

WALTZ ½ TURN LEFT, RIGHT BACK BASIC STEP

- 1-3 Step left foot forward, on ball of left make ½ turn left stepping right beside left, step left beside right in place
4-6 Step right foot back, step left beside right, step right beside left in place (3:00)

WALTZ ¼ TURN LEFT, RIGHT BACK, ½ HEEL TURN LEFT, ½ TURN LEFT & CROSS

- 1-3 Step left foot forward, make ¼ turn left stepping right beside left, step left beside right in place
4 Step right foot back (body will commence turn left)
5 Draw left foot to close beside right and on both heels make ½ turn left ("heel turn")
& Make ¼ turn left stepping ball of right slightly back
6 Make ¼ turn left "locking" ball of left across front of right

Counts 4-6 are a "double reverse spin". You will end facing 12:00 with left foot crossed over front of right and on balls of both feet

RIGHT BACK BASIC WITH ¼ TURN LEFT, LEFT CROSS, RIGHT TOUCH, HOLD

- 1-3 Step right foot back diagonally right, making ¼ turn left stepping left slightly left side, step right beside left in place
4-6 Cross-step right foot over left, point left to left side (angling upper body left diagonal), hold (9:00)

FULL TURN RIGHT, POINT LEFT, HOLD, LEFT CROSS-ROCK, SIDE

- 1-3 Make full turn right stepping right foot beside left, point left to left side, hold
4-6 Cross-rock left foot over right, recover weight back onto right, step left to left side

WEAVE LEFT, LEFT SIDE, DRAG RIGHT (HESITATION)

- 1-3 Cross-step right foot over left, step left to left side, step right foot behind left
4-6 Step left foot big step left side, drag right towards left over 2 counts (angle upper body left diagonal)

1 ¼ TURN RIGHT, LEFT FORWARD BASIC STEP

- 1-3 Step right foot ¼ turn right, make ½ turn right stepping left foot back, make ½ turn right stepping right forward
4-6 Step left foot forward, step right beside left, step left beside right in place (12:00)

RIGHT BACK, RONDE ½ TURN LEFT, LEFT FORWARD BASIC STEP

- 1-2 Step right foot back, ronde left foot out and around behind right
- 3 With weight on right foot (right knee flexed) make ½ turn left touching left toe beside right foot (6:00)
- 4-6 Step left foot forward, step right beside left, step left beside right in place

RIGHT BACK, RONDE ½ TURN LEFT, FORWARD LEFT - RIGHT, ½ TURN LEFT

- 1-2 Step right foot back, ronde left foot out and around behind right
- 3 With weight on right foot (right knee flexed) make ½ turn left touching left toe beside right foot (12:00)
- 4-5 Walk left foot forward, step ball of right foot forward
- 6 With weight on balls of both feet make ½ turn left settling weight "down" on right

You are now facing 6:00 with feet loosely crossed, weight on back foot (right foot)

REPEAT

TAG

To be danced at the end of the 3rd repetition (you will be facing the back wall)

- 1-3 Left twinkle: cross-step left foot over right, step right slightly right diagonal, recover weight onto left
 - 4-6 Right twinkle, cross-step right foot over left, step left slightly left diagonal, recover weight onto right
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