

Only One For Me

COPPERKNOB
STEPSHEETS

拍數: 32 牆數: 4 級數: Improver
編舞者: Heidi Leigep-Brown (AUS)
音樂: You're the Only One - John Farnham



RIGHT DOROTHY, LEFT DOROTHY, RIGHT DOROTHY, STEP LEFT FORWARD, PIVOT ½ RIGHT

- 1-2& Step right forward 45 degrees right, lock step left behind right, step right forward 45 degrees right
3-4& Step left forward 45 degrees left, lock step right behind left, step left forward 45 degrees left
5-6& Step right forward 45 degrees right, lock step left behind right, step right forward 45 degrees right
7-8 Step forward left, pivot ½ turn right (weight ends right)

LEFT SHUFFLE TURNING ½ RIGHT, RIGHT COASTER, STEP LEFT FORWARD, ROCK BACK RIGHT, SIDE, (&) TOGETHER, CROSS

- 9&10- Traveling forward left shuffle turning ½ turn right (left, right, left) (weight ends back on left)
11&12 Step right back, step left beside right, step right forward
13-14 Step left forward, rock back right
15&16 Step left to left, step right beside left (slightly back), step left across right

¼ TURN RIGHT & WALK FORWARD, RIGHT FORWARD COASTER, FULL TURN LEFT (MOVING BACKWARDS), TURN ½ LEFT & LEFT SHUFFLE FORWARD

- &17-18 Turn ¼ turn right, walk forward right-left
19&20 Step right forward, step left next to right, step right back
21-22& Turn ½ turn left and step left forward, turn ½ turn left and step back right, (&) turn ½ turn left
23&24 Left shuffle forward (left-right-left)

Restart here on walls 4 & 9

STEP RIGHT FORWARD, ROCK BACK LEFT, & STEP LEFT FORWARD, ROCK BACK RIGHT, & STEP RIGHT FORWARD, PIVOT ½ LEFT, STEP RIGHT FORWARD, PIVOT ½ LEFT

- 25-26&27 Step right forward, rock back on left, step right next to left, step left forward
28 Rock back right
&29-30 Step left next to right, step right forward, turn ½ turn left (weight ends on left)
31-32 Step right forward, turn ½ turn left (weight ends on left)

REPEAT

RESTARTS

On walls 4 & 9 leave out last 8 counts. Dance up to step 24 (left shuffle forward) then start dance again with right Dorothy

FINISH

Count 32 - leave out 2nd pivot

- &29-30 Step left next to right, step right forward, turn ½ turn left (weight ends on left)
31-32 Step right forward & step left next to right (facing front wall)