

# Only On Weekends

**COPPER KNOB**  
STEPPERS

拍數: 64      牆數: 2      級數: Intermediate  
編舞者: Michael Vera-Lobos (AUS)  
音樂: The Weekend - Steve Wariner



## DIAGONAL STEP FORWARD/SLIDE, SIDE SHUFFLE RIGHT, CROSS TOCK/RECOVER, SIDE SHUFFLE LEFT

1-2      Diagonal step forward on left 45 degrees left, slide right towards left (keep weight on left foot)  
3&4      Traveling right; side shuffle right stepping right-left-right  
5-6      Cross/rock left over right, rock weight back onto right  
7&8      Traveling left; side shuffle left stepping left-right-left

## CROSS ROCK/RECOVER, FULL TURN TRAVELING RIGHT, SIDE SHUFFLE RIGHT, HIP SWAY LEFT & RIGHT

1-2      Cross/rock right over left, recover weight back onto left  
3-4      Traveling right turn full turn right stepping right & left  
5&6      Traveling right side shuffle right stepping right-left-right  
7-8      Stepping left to left side sway hips left then right

## SIDE LEFT, RIGHT BEHIND, ¼ LEFT ON LEFT, SHUFFLE FORWARD RIGHT, FULL TURN, SHUFFLE OVER RIGHT-LEFT THEN RIGHT

1&2      Step left to left side, cross/step right behind left turning ¼ turn left step forward on left  
3&4      Shuffle forward on right stepping right-left-right  
5&6      Traveling forward turning ½ turn right shuffle left stepping left-right-left  
7&8      Turning a further ½ turn right to complete full turn shuffle right-left-right

## KICK LEFT FORWARD, BALL STEP, ¼ TWIST LEFT, ¼ TWIST RIGHT, SHUFFLE BACK RIGHT, TOUCH BACK ON LEFT, ½ PIVOT LEFT

1&2      Kick left foot forward, (ball step) step left to center stepping forward on right (end weight on right)  
3-4      On balls of feet twist heels ¼ turn right, twist heels ¼ turn left (end weight on left)  
5&6      Shuffle straight back on right stepping right-left-right  
7-8      Touch left toe back, pivot ½ turn left (end weight on right)

## DIAGONAL SKATE LEFT, DIAGONAL SKATE RIGHT, CROSS SHUFFLE, CRADLE ROCK RIGHT

1-2      Step forward on left 45 degrees left sliding right towards left arching it in then out stepping forward 45 on right degrees right  
3&4      Traveling forward 45 degrees right, cross shuffle left over right stepping left-right-left  
5-8      Rock forward right, rock back on left, rock back on right, rock forward on left

## STEP FORWARD RIGHT, ½ PIVOT OVER LEFT, DIAGONAL SHUFFLE FORWARD ON RIGHT, CRADLE ROCK

1-2      Step forward right, pivot ½ turn left (end weight on left)  
3&4      Traveling 45 degrees right shuffle forward right stepping right-left-right  
5-8      Rock forward left, rock back on right, rock back on left, rock forward on right

## STEP FORWARD LEFT, ¼ PIVOT RIGHT, CROSS SHUFFLE LEFT OVER RIGHT, RIGHT HEEL BALL CROSS, ROCK RIGHT TO RIGHT SIDE & CENTER

1-2      Step forward on left turn ¼ turn right ending with weight on right  
3&4      Traveling to right side cross shuffle left over right stepping left-right-left  
5&6      Touch right heel out to right side, step onto ball of right crossing left over right  
7-8      Rock right foot to right side, recover weight to center

**¾ PIVOT OVER RIGHT, SHUFFLE FORWARD RIGHT, SHUFFLE FORWARD LEFT, STEP FORWARD RIGHT, ¼ PIVOT, CROSS SHUFFLE**

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| 1&2 | Turning ¾ turn right shuffle forward right stepping right-left-right   |
| 3&4 | Shuffle forward left stepping left-right-left                          |
| 5-6 | Step forward right, pivot ¼ turn left taking weight onto left          |
| 7&8 | Traveling left cross shuffle right over left stepping right-left-right |

**REPEAT**

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