One World



拍數: 32 牆數: 4 級數: Improver mambo

編舞者: Jan Brookfield (UK)

音樂: One World - Lionel Richie



Start 28 seconds in, after chorus intro: "We've got so many roads before us"

1&2	Rock forward on right, rock back onto left, step right back
3&4	Rock back on left, rock forward onto right, step left forward

5-6 Walk forward on right, left

7&8 Step forward on right, rock back onto left making half turn over right shoulder step forward on

right

MAMBO FORWARD, MAMBO BACK, WALK TWICE, ROCK, TURN, STEP

9&10	Rock forward on left, rock back onto right, step left back
11&12	Rock back on right, rock forward onto left, step right forward

13-14 Walk forward on left, right

15&16 Step forward on left, rock back onto right making half turn over left shoulder step forward on

left

SIDE, CLOSE, CHASSE RIGHT, CROSS, ROCK, CHASSE WITH QUARTER TURN LEFT

17-18	Step right to side, close left to right
19&20	Step right to side, close left to right, step right to side
21-22	Step left across in front of right, rock weight back onto right
23&24	Step left to side, close right to left, making a quarter turn to left step left forward

MAMBO FORWARD, BACK, LOCK, BACK, BACK, LOCK, BACK, MAMBO BACK

25&26	Rock forward on right, rock back onto left, step right back
27&28	Step back on left, lock right in front of right, step back on left
29&30	Step back on right, lock left in front of right, step back on right
31&32	Rock back on left, rock forward onto right, step left forward

REPEAT

TAG

To be danced after wall 1 (facing 9:00) & after wall 3 (facing 3:00) MAMBO TO SIDE TWICE, full turn PADDLE TURN

Rock right to right side, rock weight onto left in place, step on right in place

Rock left to left side, rock weight onto right in place, step on left in place

5&6&7&8& Make a full turn paddle turn over left shoulder, pivoting a quarter turn at a time by rocking

weight from right to left four times in all