

One World

拍數: 32 牆數: 4 級數: Improver mambo
編舞者: Jan Brookfield (UK)
音樂: One World - Lionel Richie



Start 28 seconds in, after chorus intro: "We've got so many roads before us"

MAMBO FORWARD, MAMBO BACK, WALK TWICE, ROCK, TURN, STEP

1&2 Rock forward on right, rock back onto left, step right back
3&4 Rock back on left, rock forward onto right, step left forward
5-6 Walk forward on right, left
7&8 Step forward on right, rock back onto left making half turn over right shoulder step forward on right

MAMBO FORWARD, MAMBO BACK, WALK TWICE, ROCK, TURN, STEP

9&10 Rock forward on left, rock back onto right, step left back
11&12 Rock back on right, rock forward onto left, step right forward
13-14 Walk forward on left, right
15&16 Step forward on left, rock back onto right making half turn over left shoulder step forward on left

SIDE, CLOSE, CHASSE RIGHT, CROSS, ROCK, CHASSE WITH QUARTER TURN LEFT

17-18 Step right to side, close left to right
19&20 Step right to side, close left to right, step right to side
21-22 Step left across in front of right, rock weight back onto right
23&24 Step left to side, close right to left, making a quarter turn to left step left forward

MAMBO FORWARD, BACK, LOCK, BACK, BACK, LOCK, BACK, MAMBO BACK

25&26 Rock forward on right, rock back onto left, step right back
27&28 Step back on left, lock right in front of right, step back on left
29&30 Step back on right, lock left in front of right, step back on right
31&32 Rock back on left, rock forward onto right, step left forward

REPEAT

TAG

To be danced after wall 1 (facing 9:00) & after wall 3 (facing 3:00)

MAMBO TO SIDE TWICE, full turn PADDLE TURN

1&2 Rock right to right side, rock weight onto left in place, step on right in place
3&4 Rock left to left side, rock weight onto right in place, step on left in place
5&6&7&8& Make a full turn paddle turn over left shoulder, pivoting a quarter turn at a time by rocking weight from right to left four times in all