

# One Waltz In Time

COPPERKNOB  
STEPSHEETS

拍數: 48      牆數: 4      級數: Intermediate  
編舞者: Glynn Rodgers (UK)  
音樂: Our Song - Dave Sheriff



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## HALF TURN, SIDE ROCK, HALF TURN, TOUCH, HOLD

1-3      Step right out to right side turning  $\frac{1}{2}$  turn right, rock left to left side, recover weight onto left  
4-6      Turn  $\frac{1}{2}$  turn over left shoulder stepping left to left side, touch right beside left, hold

## ROLLING WALTZ VINE, BASIC WALTZ FORWARD

1-3      Turn  $\frac{1}{4}$  turning right stepping side right, turn  $\frac{1}{2}$  turn right stepping back left, turn  $\frac{1}{4}$  turn right  
stepping right to right side  
4-6      Step forward left, close right to left, step left to place

## STEP, POINT, HOLD, CROSS TWINKLE

1-3      Step back right, point left toe to left side, hold  
4-6      Cross left over right, step right to right side, step left to place

## CROSS TWINKLE TURN, STEP, POINT, HOLD

1-3      Cross right over left turning  $\frac{1}{4}$  right, step back left turning  $\frac{1}{4}$  right, step right to right side  
4-6      Step forward left, point right toe to right side, hold

## SAILOR STEP, SAILOR STEP

1-3      Step right behind left, step left to left side, step right to place  
4-6      Step left behind right, step right to right side, step left to place

## BEHIND, SIDE, CROSS, UNWIND, TOE STRUT

1-3      Step right behind left, step left to left side, cross right over left  
4-6      Unwind  $\frac{3}{4}$  turn left, touch left toe forward, drop heel to the floor

## ROCK TURN, PIVOT TURN, STEP

1-3      Rock forward right, recover weight onto left, turn  $\frac{1}{2}$  turn right stepping forward right  
4-6      Step forward left, pivot  $\frac{1}{2}$  turn right, step forward left

## FULL TURN, LOCK STEP BACK

1-3      Make a full turn to the left forward stepping right-left-right  
4-6      Step back left, cross right over left, step back left

REPEAT

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