

123 I Luv U

拍數: 52 牆數: 4 級數: Improver
編舞者: Liz Cartwright (UK)
音樂: Sexy Eyes - Dr. Hook



HIP BUMPS LEFT RIGHT, SHUFFLES BACK RIGHT & LEFT

1-2 Bump hips left & right
3&4 Bump hips left, right, left
5&6 Step back right, close left just in front of right, step back right
7&8 Step back left, close right just in front of left, step back left

HIP BUMPS & SHUFFLES FORWARD

9-10 Bump hip right & left
11&12 Bump hips right, left, right
13&14 Step forward left, close right just behind left, step forward left
15&16 Step forward right, close left just behind right, step forward right

½ PIVOT TURN, WALKS, SAILOR STEPS

17-18 Step forward on left, pivot ½ turn on balls of both feet
19-20 Walk forward on left, walk forward on right
21&22 Step left behind right, step right to right side, step left in place
21&23 Step right behind left, step left to left side, step right in place

ROCK FORWARD, TRIPLE ¾ TURN LEFT, STEP TAPS WITH FINGER CLICKS

25-26 Rock forward on left, recover on right
27&28 Triple ¾ to the left, stepping left, right, left
29-30 Step right to right side, touch left to right and click both fingers above head
31-32 Step left to left, touch right to left and click both fingers above head

SYNCOPATED VINE, BACK LOCK STEP, ROCK & RECOVER

33-35&36 Step right to right side, step left behind right, step right to right side, step left across right, step right to right side
37&38 Step back on left, lock right in front of left, step back on left
39-40 Rock back on right, rock forward on left

FULL TURN LEFT, FORWARD SHUFFLE, CHASSE LEFT, ROCK FORWARD & BACK, BACK COASTER STEP

41-42 On ball of left make ½ turn left (step back on right), ½ turn left on ball of right, (step forward on left) to complete full turn to your left
43&44 Step forward on right, close left just behind right, step forward on right
45&46 Step left to left side, close right to left foot, step left to left side
47-50 Rock back on right, rock forward on left, rock forward on right, rock back on left
51&52 Step back on right, step left beside right, step forward on right

REPEAT