

1,000 Miles From Nowhere

拍數: 48 牆數: 4 級數: Intermediate
編舞者: June Wilson (UK)
音樂: 1000 Miles From Nowhere - Dwight Yoakam



FORWARD STRUTS, ROLLING VINE TO REAR, TOE TAPS

- 1 Touch left toe to left
- 2 Step left forward
- 3 Touch right toe to right
- 4 Step right forward
- 5-7 Repeat counts 1-3
- 8 Touch right toe forward
- 9 Touch right to forward
- 10-14 Stepping right, left, right, left, right make a 5 count rolling vine to rear, turning to the right and finishing facing front
- 15-16 Tap left toe to rear twice

FORWARD STEP, SLIDE, STEP, CURSTEY, ¼ TURN LEFT, REAR KICKS

- 17 Step left forward
- 18 Slide right foot to left (instep to heel)
- 19 Step left forward
- 20 Touch right toe behind left foot (bend left knee)
- 21 Step right
- 22 Kick left foot up behind right leg (slap optional)
- 23 Step left, at same time make ¼ turn left
- 24 Touch right toe beside left foot
- 25 Step right
- 26 Kick left foot up behind right leg (slap)
- 27 Step left
- 28 Kick right foot up behind left leg (slap)

ROLLING VINE RIGHT, REAR KICK, VINE LEFT, STOMP, HEEL SPLITS

- 29-31 Stepping right, left, right, make to the right rolling vine to right
- 32 Kick left foot up behind right leg (*slap)
- 33-35 Vine left, stepping left, right, left
- 36 Stomp right
- 37-38 Split heels

HITCH-HIKERS, STOMP, KICKS, KICK/BALL/CHANGE, KICK, STOMP

- 39 Feet in place, wave right arm in air, thumb raised
- 40-41 Repeat counts 39 (three 'hitch-hikers' in all)
- 42 Stomp right, bringing right hand onto hip
- 43-44-45 Kick right foot forward three times
- & Step quickly on ball of right foot
- 46 Step on left foot
- 47-48 Kick right foot forward, stomp

REPEAT