

The One That Got Away

COPPER KNOB
BY STEPHENETS

拍數: 64 牆數: 4 級數: Intermediate two step
編舞者: DJ Dan (NL) & Wynette Miller (NL)
音樂: The One That Got Away (Got Away with My Heart) - Allison Moorer



Start on the 2nd "away". The one that got away got...AWAY...with my heart

SIDE, TOUCH & CLAP, SIDE, TOUCH & CLAP, SIDE, TOGETHER, SIDE, TOUCH & CLAP

- 1-4 (SS) Step right to side, touch left next to right & clap, step left to side, touch right next to left & clap
5-8 (QQS) Step right to side, step left next to right, step right to side, touch left next to right & clap

SIDE, TOUCH & CLAP, SIDE, TOUCH & CLAP, SIDE, TOGETHER, SIDE, TOUCH & CLAP

- 1-4 (SS) Step left to side, touch right next to left & clap, step right to side, touch left next to right & clap
5-8 (QQS) Step left to side, step right next to left, step left to side, touch right next to left & clap

HIP BUMPS FORWARD AND BACK

- 1-4 (SS) Step right slightly forward and bump hips forward twice, transfer weight onto left and bump hips back twice (12:00)

Restart here on wall 4

- 5-8 (SS) Step right slightly back and bump hips back twice, transfer weight onto left and bump hips forward twice

Counts 1-4 turn body to left diagonal. Counts 5-8 turn body to right diagonal

SIDE, TOGETHER, STEP, HOLD, STEP, ½ TURN, STEP, HOLD

- 1-4 (QQS) Step right to side, step left next to right, step right forward, hold
5-8 (QQS) Step left forward, pivot ½ turn right, step left forward, hold

SIDE, TOGETHER, SIDE, HITCH ¼ TURN LEFT, TWICE

- 1-4 (QQS) Step right to side, step left next to right, step right to side, make on ball of right ¼ turn left and hitch left
5-8 (QQS) Step left to side, step right next to left, step left to side, make on ball of left ¼ turn left and hitch right

SIDE, TOGETHER, SIDE, HITCH ¼ TURN LEFT, TWICE

- 1-4 (QQS) Step right to side, step left next to right, step right to side, make on ball of right ¼ turn left and hitch left
5-8 (QQS) Step left to side, step right next to left, step left to side, make on ball of left ¼ turn left and hitch right

DIAGONAL SLOW SHUFFLE FORWARD, HITCH, RIGHT AND LEFT

- 1-4 (QQS) Shuffle forward on right diagonal stepping right, left, right, hitch left
5-8 (QQS) Shuffle forward on left diagonal stepping left, right, left, hitch right

ROCKING CHAIR, STEP, ¼ PIVOT LEFT, STOMP, HOLD & CLAP

- 1-4 (QQQQ) Rock right forward, recover weight onto left, rock right back, recover weight onto left (6:00)

Restart here on wall 1

- 5-8 (QQS) Step right forward, pivot ¼ turn left, stomp right next to left (no weight), hold & clap

REPEAT

RESTART

When dancing to the music "The One That Got Away"

On wall 1, dance 1-60, facing 6:00, start the dance again

On wall 4; dance 1-20, facing 12:00, start the dance again
