

One Step Closer

COPPER KNOB
BY STEPHEN

拍數: 64 牆數: 2 級數: Intermediate/Advanced
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音樂: One Step Closer - S Club Juniors



RIGHT CROSS OVER LEFT, LEFT TO LEFT SIDE, RIGHT SUGAR HEEL, SYNCOPATED SIDE TOUCHES TURNING ¼ RIGHT, ¼ RIGHT & POINT FORWARD

1-2 Cross step right foot over left, step left to left & slightly back
3&4 Touch right toe in toward left instep, step right together, touch left heel forward
&5&6 Step left together, touch right toes to right side, step right together turning ¼ right, touch left toes to left side
&7-8 Step left together, touch right toes to right side, turn ¼ right on left foot, touch right toes forward

RIGHT FORWARD, TURN ¼ RIGHT & LEFT HITCH & CLAP, ¼ RIGHT & LEFT BACK, RIGHT HITCH & CLAP 2X, RIGHT COASTER BACK, WALK FORWARD 2

1-2 Step right foot forward, turning ¼ right on right foot hitch left knee up & clap
3&4 Turning ¼ right step left foot back, hitch right knee up & clap 2x (on &4)
5&6 Step right foot back, step left foot together, step right foot forward
7-8 Step left foot forward, step right foot forward

LEFT FORWARD ROCK & RECOVER, ¾ LEFT SHUFFLE, ½ RIGHT MONTEREY, LEFT CROSSING SHUFFLE

1-2 Rock left foot forward, recover weight on right foot
3&4 Turning ½ left step left foot forward, turning ¼ left step right foot to right side, step left foot together
5&6 Touch right toes to right side, turn ½ right on left foot, step right foot together (or to right side)
7&8 Cross step left foot over right, step right to right, cross step left foot over right

RIGHT SIDE ROCK & RECOVER, RIGHT SAILOR WITH A KICK, RIGHT COASTER BACK, LEFT FORWARD, ½ RIGHT PIVOT

1-2 Rock side right, recover weight on left foot
3&4 Step right foot behind left, step left to left side, kick right on right forward diagonal
5&6 Step right foot back, step left foot together, step right foot forward
7-8 Step left foot forward, pivot ½ right

LEFT FORWARD, RIGHT TOUCH TOGETHER, RIGHT FORWARD MAMBO STEP, LEFT BACK SHUFFLE, STEP RIGHT BACK, HOLD & CLAP 2X

1-2 Step left foot forward, touch right toes together
3&4 Rock right foot forward, recover weight on left foot, step right together
5&6 Step left foot back, step right together, step left foot back
7&8 Step right foot back, hold & clap 2x (on &8)

LEFT FOOT BACK, RIGHT FORWARD, LEFT TOUCH TOGETHER, LEFT FORWARD MAMBO STEP, RIGHT BACK SHUFFLE, STEP LEFT BACK, HOLD & CLAP 2X

&1-2 Step left foot back, step right foot forward, touch left toes together (or at the end of the previous 8 counts for counts 7&8: rock back on right, recover weight on left & clap 2x, then do counts 1-2 as above. This omits the "&" count)
3&4 Rock left foot forward, recover weight on right foot, step left together
5&6 Step right foot back, step left together, step right foot back
7&8 Step left foot back, hold & clap 2x (on &8)

RIGHT FORWARD SHUFFLE, ¼ RIGHT & LEFT TO LEFT SIDE, ½ RIGHT & RIGHT TO RIGHT SIDE, ½ RIGHT & LEFT TO SIDE, RIGHT SAILOR STEP, LEFT CROSS OVER STEP

- 1&2 Step right foot forward, step left together, step right foot forward
- 3-5 Turning ¼ right step left foot to left, turning ½ right step right foot to right side, turning ¼ right step left to left side
- 6&7 Step right foot behind left, step left foot to left side, step right foot slightly right
- 8 Cross step left foot over right

ONE STEP CLOSER TO HEAVEN: RIGHT SIDE, LEFT TOGETHER, ARMS FOR 4, LEFT SIDE SHUFFLE

- 1-2 Step right foot to right side (take a wide step), step left together
- 3 Cross right arm over left touching left shoulder with right hand & right shoulder with left hand
- 4 Slide arms apart & touch right shoulder with right hand & left shoulder with left hand
- 5 Raise both arms above your head & look up (like you are looking heavenward)
- 6 Lower head and touch right shoulder with right hand & left shoulder with left hand
- 7&8 Step left foot to left side, step right together, step left foot to left side

REPEAT

TAG

Dancing the dance facing the back wall is definitely shorter the first 2 times. You will only dance as far as counts 33-40 making the following changes to the last 8 counts:

LEFT FORWARD, RIGHT TOUCH TOGETHER, RIGHT FORWARD MAMBO STEP, LEFT BACK SHUFFLE, TURN ¼ RIGHT & STEP RIGHT TO RIGHT, STEP LEFT TO LEFT

- 1-2 Step left foot forward, touch right toes together
- 3&4 Rock right foot forward, recover weight on left foot, step right together
- 5&6 Step left foot back, step right together, step left foot back
- 7-8 Turning ¼ right step right foot to right side, step left foot to left side

These steps will return you to the front wall ready to start the dance again. Before you can do so, you will hold for 2 counts (we slap our thighs on these 2 counts or click our fingers. Do what you like!). Then start the dance again

The 2nd time you face the back wall dance again until counts 33-40 making the same changes as above. This time there is no hold. As soon as you complete counts 33-40 start the dance again

The 3rd & final time you face the back wall you get to dance the entire dance (1-64) to end up facing the front wall. To finish, dance the following:

RIGHT CROSS OVER LEFT, LEFT TO LEFT SIDE, RIGHT SUGAR HEEL, SYNCOPATED SIDE TOUCHES: RIGHT, LEFT, RIGHT, HOLD & CLAP 2X

- 1-3 Cross step right foot over left, step left to left & slightly back
 - 3&4 Touch right toe in toward left instep, step right together, touch left heel forward
 - &5 Step left together, touch right toes to right side
 - &6 Step right together, touch left toes to left side
 - &7 Step left together, touch right toes to right side
 - &8 Hold & clap 2x
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