

# One Smooth Cha-Cha

COPPERKNOB  
STEPSHEETS

拍數: 32      牆數: 4      級數: Intermediate  
編舞者: Ryan Cooner (USA)  
音樂: Smooth (feat. Rob Thomas) - Santana



1st Place Choreography, 1999 Dallas Dance Festival

## SIDE, ROCK BACK, RECOVER, SIDE CROSS CHA-CHA, ROCK FORWARD, RECOVER, STEP, ½ PIVOT LEFT

1-3            Step left foot to left side, rock back on right foot, recover weight forward to left foot  
4&5           Step right to right side, cross left behind right, step right to right side  
6-7           Rock forward on left foot, recover weight to right foot  
8&1           Step left beside right instep, small step forward on right, pivot ½ turn left onto left foot

## STEP, LOCK, FORWARD LOCK CHA-CHA, ¼ PIVOT RIGHT, SIDE CROSS CHA-CHA

2            Step forward on right foot  
3            Lock left foot behind right  
4&5           Step forward on right foot, lock left foot behind right, step forward on right foot  
6-7           Step forward on left foot, turn ¼ right onto right foot  
8&1           Cross left behind right foot, step right foot to right side, cross left foot over right foot

## TOE POINTS, ¼ RONDE RIGHT, ROCK FORWARD, RECOVER, CROSS BACK LEFT

2-3           Touch right toe pointed to right side, touch right toe forward  
4            Sweep right foot in arc to right side while beginning ¼ turn to right on ball of left foot  
5            Step right beside left foot, finishing ¼ turn  
6-7           Rock forward on left foot, recover weight to right foot  
8&1           Cross left foot over right foot, step back on right foot, slightly to right side, step back on left foot

## CROSS BACK RIGHT, KICK-BALL-POP, HEEL JACK, ¼ RONDE LEFT

2&3           Cross right foot over left foot, step back on left foot, slightly to left side, step back on right foot  
4&5           Kick left foot forward, step left in place, touch right toe beside left foot, popping right knee forward  
&6           Step back on right foot, touch left heel forward  
7            Putting weight on ball of left foot, sweep right foot in arc and begin ¼ turn left  
8            Finish ¼ turn by stepping right foot next to left

## REPEAT

## TAG

When doing this dance to "Smooth" by Carlos Santana, there is a 4-count tag at 2:48. This tag is to be done with ATTITUDE!

## STOMPS IN PLACE WITH CLAPS, MAMBO RIGHT, CROSS RIGHT OVER LEFT

1&2           Stomp in place left, right, left while clapping hands over head  
3&4           Quickly rock right onto right foot, recover to left foot, cross right foot over left foot.