

# 1 Round

拍數: 32      牆數: 4      級數: Beginner  
編舞者: Karen Hedges (USA)  
音樂: How'd I Wind Up In Jamaica - Tracy Byrd



## MAMBO ROCK, SHUFFLE, HITCH, POINT, HOLD, TOE SWITCHES

1&      Rock forward right recover left  
2      Step right next to left  
3&      Step forward left bring right to meet left  
4      Step forward left  
&      Hitch right  
5-6      Point right side right, hold  
7&8      Bring right center point left side left, bring left center point right side right

## SAILOR STEP, STEP, CROSS SHUFFLE, ¼ TURN, KICK CROSS STEP

1      Step right behind left  
&2      Step left side left, step right  
3      Cross left over right  
&4      Bring right to meet left cross left over right  
5-6      Step side right, making ¼ turn left kick left forward  
7&      Cross left over right step side right  
8      Step side left

## SAILOR SHUFFLE, TURNING SAILOR SHUFFLE, CROSS HOLD, CROSS HOLD

1      Step right behind left  
&2      Step side left step right  
3      Step left behind right  
&4      ¼ turn left, step side right step left  
&5      Step ball of right behind left, cross left over right  
6      Hold  
&7      Step ball of right behind left, cross left over right  
8      Hold

## MAMBO ROCK, MAMBO ROCK, ½ TURN ¼ TURN

1&      Side rock right recover left  
2      Bring right to meet left  
3&      Side rock left recover right  
4      Bring left to meet right  
5-6      Step forward right, ½ turn left shifting weight to left  
7-8      Step forward right, ¼ turn left shifting weight to left

**REPEAT**

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