One Of Those Days

級數: Improver

編舞者: Chris Shiells (UK)

拍數: 92

音樂: Did'ya Ever - The Dean Brothers

ROCK FORWARD, COASTER STEP TWICE

- 1-2 Rock forward on right, recover on left
- 3&4 Step back on right, step left together, step forward on right
- 5-6 Rock forward on left, recover on right
- Step back on left, step right together, step forward on left 7&8

RIGHT SIDE, BEHIND TRIPLE ON SPOT, LEFT SIDE BEHIND CHASSE ¼ TURN LEFT

- 9-10 Step right to the side, step left behind right
- 11&12 Step left, right, left on the spot
- 13-14 Step left to the side, step right behind left
- 15&16 Step left to side, step right together, step left to side turning 1/4 left

RIGHT PIVOT TURN TWICE, WALK FORWARD & KICK

- 17-20 Step forward on right, 1/2 pivot turn left twice
- 21-24 Walk forward on right, left, right, kick left and clap hands

WALK BACK, COASTER, WALK FORWARD & KICK

- 25-26 Walk back on left, right
- 27&28 Step back on left, step right together, step forward on left
- 29-32 Walk forward on right, left, right, kick left and clap hands

WALK BACK, COASTER, SIDE STEPS

- Walk back on left, right 33-34
- 35&36 Step back on left, step right together, step forward on right
- 37-40 Step right to side, step left together, step right to side, touch left beside right

SIDE STEPS, RIGHT PIVOT 1/4 TURNS X4

- 41-44 Step left to side, step right together, step left to side, touch right beside left
- 45-52 Step right forward ¹/₄ turn left stepping on left x4 (with plenty of attitude)

ROCK FORWARD, COASTER STEPS TWICE

53-60 Repeat steps 1-8

RIGHT SIDE BEHIND TRIPLE ON SPOT, LEFT SIDE BEHIND CHASSE ¼ TURN LEFT

61-68 Repeat steps 9-16

RIGHT PIVOT TURN TWICE, WALK FORWARD & KICK

69-76 Repeat steps 17-24

WALK BACK, COASTER, SIDE TOUCH X2

- 77-80 Repeat steps 25-28
- Step right to the side, touch left beside right 81-82
- 83-84 Step left to the side, touch right beside left

RIGHT PIVOT ¼ TURNS X4

85-92 Step right forward 1/4 turn left stepping on left x4 (with plenty of attitude)





牆數: 4

REPEAT

On the front and back walls you walk forward once and one step to the side. On the side walls 2 walks forward and 2 side steps.