

One Of These Days

COPPER KNOB
STEPSHEETS

拍數: 32 牆數: 2 級數: Beginner
編舞者: Colleen Archer (AUS)
音樂: One Of These Days - Mitchell Shadlow



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- 1-2 Step right forward, step left forward
3&4 Right kick ball change (kick right forward, step right beside left, step left beside right)
5-6 Step right forward, rock back onto left
7&8 Shuffle back stepping right-left-right (12:00)
- 1-2 Step left back to diagonal, touch right beside left and clap
3-4 Turn ¼ right and step right to side, touch left beside right and clap
5-6 Step left back, step right beside left
7-8 Step left forward, scuff right forward beside left (3:00)
- 1-2 Step right forward, step/lock left behind right heel (or step left beside right)
3-4 Step right forward, scuff left forward beside right
5-6 Touch left heel forward to diagonal, hook left heel up to right shin
7-8 Touch left heel forward to diagonal, touch left beside right (3:00)
- 1-2 Step left to side, step cross right behind left
3-4 Step left to side, step right beside left (feet are together)
5-6 Twist both heels to the left, twist both heels right to center (twist with weight on balls of both feet)
7 Twist both heels to the left while turning ¼ right
8 Touch right toe back (6:00)

REPEAT

FINISH

Step right forward, step left beside
