

# One Of The Boys

**COPPER KNOB**  
BY STEPSHEETS

拍數: 32      牆數: 4      級數: Improver mixed rhythm  
編舞者: Moses Bourassa Jr. (USA) & Barbara Frechette (USA)  
音樂: One of the Boys - Gretchen Wilson



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## POINT -CROSSES, STEP-LOCK-STEP, ROCK STEP, RECOVER STEP

1-2      Point left toe to the left side, cross left over right  
3-4      Point right toe to the right side, cross right over left  
5&6      Step back on left, cross right in front of left, step back on left  
7-8      Rock back on right, recover on left

## FORWARD STEPS, ¼ TURN TO THE LEFT, CROSS SHUFFLE, ¼ TURN TO THE RIGHTS

1-2      Step forward on right, step left making ¼ turn to the left  
3&4      Cross right in front of left, step quickly to left side with left, cross right in front of left  
5-6      Step left making ¼ turn to the right, step right making ¼ turn to the right  
7-8      Step left making ¼ turn to the right, step forward on right

## FORWARD SHUFFLES, ROCKING CHAIR

1&2      Forward shuffle left, right, left  
3-4      Rock forward on right, recover on left  
5-6      Rock back on right, recover on left  
7&8      Forward shuffle right, left, right

## FORWARD STEP, ½ TURN TO THE RIGHT, SHUFFLE TURNING ¼ TO THE RIGHT, ROCK STEP, RECOVER STEP, SHUFFLE TURNING ½ TO THE RIGHT

1-2      Step forward on left, step right making ½ turn to the right  
3&4      Step forward on left making ¼ turn to the right, step right next to left, step left next to right  
5-6      Rock forward on right, recover on left  
7&8      Step right making ¼ turn to the right, step left making ¼ turn to the right, step forward on right

**REPEAT**

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