One Of The Boys



拍數: 32 牆數: 4 級數: Improver

編舞者: Connie Glasier (USA)

音樂: Just One Of The Boys - Michelle Poe



REVERSE RUMBA BOX

1-4 Step left with left foot, slide right next to left, step back on left, hold

5-8 Step right with right foot, slide left next to right, step forward on right, hold

VINE LEFT, CROSS ROCK WITH 1/4 TURN RIGHT (3:00)

1-4 Step left, cross right behind, step left, scuff right

5-8 Cross right over left, rock back on left, step right while turning 1/4 turn right, scuff left

STEP LOCK FORWARD, DIAGONAL TOUCHES

1-4 Step forward on left, lock right foot behind left, step forward on left, scuff right

5-8 Step right foot forward at a 45-degree angle (2:00), touch left toe next to right, step left foot

back at a 45-degree angle (8:00), touch right toe next to left

DIAGONAL TOUCHES, TOE POINT, ½ TURN RIGHT (9:00)

1-4 Step back on right at a 45 degree angle (4:00), toe left toe next to right, step left foot forward

at a 45-degree angle (10:00), touch right toe next to left

5-8 Point right toe to right, hold one count, turn ½ turn right on ball of left foot stepping right next

to left (putting weight on right foot), hold

REPEAT

TAG

After completing the first 4 walls, you will be facing front (12:00)

1-4 Bump hips left, right, left, right