

# One Of A Kind

**COPPER** **KNOB**  
BY STEPHEN

拍數: 32      牆數: 2      級數: Improver  
編舞者: Derek Steele (USA)  
音樂: Bad Thang (Public Dance Mix) - Scooter Lee



## **JUMP & JUMP & JUMP & OUT, HEELS, TOES, HEELS, TOES, HEELS**

- 1&      With weight on both feet, small jump forward to the right on 45 angle, jump back to center
- 2&      Small jump forward to the left on 45 angle, jump back to center
- 3&      Small jump forward to right on 45 angle, jump back to center
- 4      Jump both feet apart
- 5      Swivel both heels in
- 6      Swivel both toes in
- 7      Swivel both heels in
- &      Swivel both toes in
- 8      Swivel both heels in, weight on left foot

**The key to doing these steps comfortably is to take very small swivels**

## **TOUCH, SWEEP, THRUSTS**

- 1-2      Touch right foot forward, sweep right foot around for ½ to right, leaving weight on left foot, right leg slightly bent
- 3&4      Pump hips forward twice

## **RIGHT SHUFFLE FORWARD, STEP, PIVOT, LEFT SHUFFLE FORWARD, STOMP, STOMP**

- 1&2      Step forward right, bring left together, step forward right
- 3-4      Step forward on left, pivot ½ turn to right
- 5&6      Step forward left, bring right together, step forward left
- 7-8      Stomp right foot forward, stomp left foot together

## **ARM & KNEE ROLLS**

- 1-2      Roll right knee and arm inside to out (palm will end up facing up)
- 3-4      Roll left knee and arm inside to out (palm will end up facing up)
- 5-6      Bend both knees in, bend both knees out, mirror this motion with arms with palms facing down then ending facing up
- 7&8      Bend both knees in, bend both knees out, straighten both legs, (arm movements - mirror knees in, bring both arms up and around back of head as if putting on a hood from a coat)

## **STOMP, SYCOPATED STOMPS WITH ½ TURN**

- 1      Stomp right foot forward
- 2      With weight on balls of both feet, pop heels 1/8 turn to left
- 3&4      With weight on balls of both feet, pop heels up and down for 3 more 1/8 turns to complete ½ turn

**REPEAT**

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