

One Night Cha Cha

COPPER KNOB
STEPSHEETS

拍數: 32 牆數: 4 級數: Improver
編舞者: Hertha Steele (CAN)
音樂: One Night - J.C. Jones



ROCK BACK RIGHT, STEP, RIGHT SIDE SHUFFLE, ROCK FORWARD LEFT, STEP, LEFT SIDE SHUFFLE WITH ¼ TURN:

- 1 Rock back on right foot
- 2 Step forward on left foot
- 3 Step right foot to right side
- & Step left foot beside right foot
- 4 Step right foot to right side
- 5 Rock forward on left foot
- 6 Step back on right foot
- 7 Step left foot to side prepping for ¼ turn left
- & Step right foot beside left foot finishing ¼ turn
- 8 Step left foot forward

ROCK FORWARD RIGHT, STEP, ½ TURN TRIPLE, STEP, ½ PIVOT, LEFT SHUFFLE FORWARD

- 9 Rock forward on right foot
- 10 Step back on left foot
- 11 Step back on right foot prepping for ½ turn right
- & Step left foot across right continuing ½ turn right
- 12 Step right foot forward completing ½ turn right
- 13 Step forward on left foot
- 14 Step ½ turn right onto right foot
- 15 Step forward on left foot
- & Step right foot beside left foot
- 16 Step forward on left foot

CROSS ROCK, STEP, ½ TURN TRIPLE, LEFT STEP, BEHIND, TRIPLE STEP IN PLACE

- 17 Cross rock right foot over left foot
- 18 Step back on left foot
- 19 Step right foot to right side prepping for ½ turn right
- & Cross left foot over right foot continuing ½ turn
- 20 Step right foot beside left foot completing ½ turn right
- 21 Step left foot to left side
- 22 Step right foot behind left foot
- 23 Step left foot to left side
- & Step right foot beside left foot
- 24 Step left foot beside right foot

CROSS ROCK, STEP, ½ TURN TRIPLE, LEFT STEP, BEHIND, TRIPLE STEP IN PLACE

- 25 Cross rock right foot over left foot
- 26 Step back on left foot
- 27 Step right foot to right side prepping for ½ turn right
- & Cross left foot over right foot continuing ½ turn
- 28 Step right foot beside left finishing ½ turn
- 29 Step left foot to left side
- 30 Step right foot behind left foot
- 31 Step left foot to left side

& Step right foot beside left foot
32 Step left foot beside right foot

REPEAT
