

One Night Cha

拍數: 32 牆數: 2 級數: Improver
編舞者: Phil Marson (UK) & Tina Townsend (UK)
音樂: One Night - J.C. Jones



CROSS, SIDE, BACK ROCK, CHASSE LEFT, CROSS ROCK

1-2 Cross left over right, step right to right side
3-4 Rock back on left, in place on right
5&6 Step left to left side, close right beside left, step left to left
7-8 Cross rock right over left, in place on left

¼ TURN RIGHT, LOCK, RIGHT SHUFFLE FORWARD, STEP ½ PIVOT RIGHT, FULL TURN

9-10 Turn ¼ turn right stepping right foot forward, lock left behind right
11&12 Step forward on right, close left beside right, step forward right
13-14 Step forward on left, pivot ½ turn right
15-16 Make one full turn right, stepping left, right

LEFT SHUFFLE FORWARD, RIGHT ROCKING CHAIR, RIGHT SHUFFLE FORWARD

17&18 Step forward on left, close right beside left, step forward on left
19-20 Rock forward on right, in place on left
21-22 Rock back on right, in place on left
23&24 Step forward on right, close left beside right, step forward right

LEFT ROCKING CHAIR, STEP ½ PIVOT RIGHT, STEP ¼ PIVOT RIGHT

25-26 Rock forward on left, in place on right
27-28 Rock back on left, in place on right
29-30 Step forward left, pivot ½ turn right
31-32 Step forward left, pivot ¼ turn right

REPEAT
