

# One Night

拍數: 48      牆數: 2      級數: Intermediate  
編舞者: Charlotte O'Connor (UK)  
音樂: One Night - The Corrs



- 1-2&      Slide right to right side, rock back on left, rock forward on right  
3-4&      Slide left to left side, rock back on right, rock forward on left  
5-6      Step right to right side making  $\frac{1}{4}$  turn, step left foot forward  
7-8&      Half turn over right shoulder keeping the weight on left foot, rock right foot back rock left foot forward
- 1&2      Half turn over left shoulder stepping right foot back, half turn over right shoulder stepping left foot forward, half turn over left shoulder stepping right foot back  
3&4      Rock left foot back, rock right foot forward, step left to left side  
5-6      Bump hips right, left  
7&8      Rock right foot back rock left foot forward, step right foot to right side
- 1&2      Cross rock left foot over right, rock right foot back, slide left to left side making  $\frac{1}{4}$  turn  
3&4      Rock right foot forward, rock left foot back, step back on right foot  
5-6      Slide left foot back touching right in place on count 6  
7&8      Step right foot back, step left next to right, step right foot forward
- 1&2      Cross left foot over right, rock right to right side, rock left in place  
3&4      Cross right over left, rock left to left side, rock right in place  
5-6      Cross left foot over right, unwind full turn sweeping right leg out to right side  
7&8      Cross right foot behind left, step left foot to left side, cross right foot over left
- 1&2      Rock left foot to left side, rock right in place, step left foot next to right  
3&4      Step right foot forward, slide left to right, step right foot forward  
5&6      Rock left foot forward, rock right foot back, make a  $\frac{1}{2}$  turn over left shoulder stepping left foot forward  
7&8      Rock right to right side, rock left in place, step right foot next to left
- 1&2      Step left to left side, step right foot next to left, step left foot to left side  
3-4      Stepping right foot to right side bump hips right, left  
5&6      Step right foot next to left, rock left foot out to left side, rock right in place  
7&8      Step left in place, rock right to right side, rock left in place

**REPEAT**

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