

# One More!

拍數: 64      牆數: 4      級數: Intermediate  
編舞者: Barbara R. K. Wallace (CAN)  
音樂: One More Day - Diamond Rio



## RIGHT LOCK AND HOLD, LEFT LOCK AND HOLD, RIGHT BOX BACK

1-4            Step forward on right foot, lock left behind right, step forward on right foot, hold  
5-8            Step forward on left foot, lock right behind left, step forward on left foot, hold  
9-12          Step side right, step together on the left, step back on the right and hold  
13-16         Step side left, step together on the right, step forward on the left and hold

## WEAVE LEFT, RONDE, WEAVE RIGHT WITH ¼ TURN RIGHT, RIGHT MAMBO FORWARD, LEFT MAMBO BACK

17-20         Cross right over left, step side left, cross right behind left, sweep left toe in a semi-circle to the left  
21-24         Finish sweep by stepping left foot down behind right foot, step side right, step forward on left foot as you make ¼ turn to the right  
25-28         Rock forward on the right, recover weight on the left, step right beside left, hold  
29-32         Rock back on the left, recover weight on the right, step left beside right, hold

## HINGE STEPS TO RIGHT, ROCK BACK AND RECOVER, HINGE STEPS TO LEFT, ROCK BACK AND RECOVER

33-34         Step side right, hold  
35-36         Make ½ turn right on ball of right foot and step left foot to left side, hold  
37-38         Make ½ turn left on ball of left foot and step right foot to right side, hold  
39-40         Rock back left, recover weight on right  
41-42         Step side left, hold  
43-44         Make ½ turn left on ball of left foot and step right foot to right side, hold  
45-46         Make ½ turn right on ball of right foot and step left foot to left side, hold  
47-48         Rock back right, recover weight on left

## RIGHT VINE 3 AND HOLD, LEFT CUCARACHA, PIVOT AND STEP, HOLD, PIVOT AND STEP, HOLD

49-52         Step side right, step left behind, step side right, hold  
53-56         Press and grind ball of left foot to left side, as if squishing a bug, as you lean your weight onto the left foot (two counts) recover on the right foot and step on left foot beside the right foot  
57-60         Step forward on right foot, ½ pivot to the left, step forward on the right foot, hold  
61-64         Step forward on left foot, ½ pivot to the right, step forward on left foot, hold

## REPEAT

## RESTART

During the third sequence, complete the first 28 counts then rock back on the left foot for an "&" count and start the dance again with the right lock forward

## ENDING

Last sequence ends at the 9:00 wall. Do a slow right jazz box making a ¼ turn right to face the front wall