

One More Try

COPPER KNOB
STEPSHEETS

拍數: 64 牆數: 2 級數: Intermediate
編舞者: Margaret Murphy (AUS)
音樂: One More Try - John Farnham



ROLLING VINES, RIGHT AND LEFT

1-4 Rolling grapevine to the right
5-8 Rolling grapevine to the left

ROCK RIGHT, LEFT, CROSS SHUFFLE

1-2 Rock onto right, rock onto left,
3&4 Cross shuffle right-left-right

HOLD, HOP TOGETHER, ROCKS

1-2&3-4 Step left to left, hold, hop right together, rock onto left, rock onto right
5-6&7-8 Repeat last 4 beats

ROCK BACK & FORWARD, SHUFFLE FORWARD, 2 ¼ PADDLES LEFT

1-2-3&4 Rock back onto left, forward onto right, shuffle forward left-right-left
5-8 Step forward on right, paddle ¼ turn left, twice

HIP BUMPS

1&2 Step forward slightly on right, bump hips forward twice
&3&4 Step forward slightly on left, bump hips forward twice

ROCKS AND COASTER STEPS

1-2 Rock forward onto right, rock back onto left
3&4 Back coaster step, with right foot right-left-right
5-6 Rock forward onto left, rock back onto right
7&8 Back coaster step with left foot left-right-left

PIVOT ½ LEFT, STEP 1 ¼ TURN LEFT

1-2 Step forward on right pivot ½ turn left
3-6 Step 1¼ turn left stepping right-left-right-left on the spot

ROCK FORWARD & BACK, SHUFFLE BACK

1-2 Rock forward on right, back on left
3&4 Shuffle back right-left-right
5-6 Rock back on left, forward on right
7&8 Shuffle forward, left-right-left

ROCKS, CROSS SHUFFLES

1-2-3&4 Rock onto right, rock onto left, cross shuffle, right-left-right
5-6-7&8 Rock onto left, rock onto right, cross shuffle left-right-left

¼ TURN LEFT

1-2 Step forward onto right, paddle ¼ turn left

REPEAT

TAG

On 5th wall (front) dance 1st 32 beats, add extra hip bumps, then restart.

