

One More Try

拍數: 112 牆數: 2 級數: Intermediate
編舞者: Tamara Shiels
音樂: One More Try (Acoustic) - A1



ROCK FORWARD, BACK, AND, STEP ½ PIVOT TWICE

1-2&3-4 Rock forward right, replace weight left, step right together, step forward left, ½ pivot right
5-6&7-8 Rock forward left, replace weight right, step left together, step forward right, ½ pivot left

½ SHUFFLE, ¼ LEFT, TOUCH, ROCK FORWARD, BACK, ½ TURN

1&2-3-4 Shuffle ½ left stepping right-left-right, step left ¼ left, touch right together
5-6-7-8 Rock forward right, replace weight left, step right ½ right, step left to side

ROCK BACK, FORWARD, SHUFFLE FORWARD, SIDE ROCK, FULL TURN, SIDE ROCK

1-2-3&4 Rock back right, replace weight left, shuffle forward right-left-right
5-6&7-8 Rock left to left, replace weight right, step left full turn left, side rock right, replace weight left

Alternative: rock left to left, replace weight right, step left to right, side rock right, replace weight left

TOGETHER, FORWARD, TOUCH, SIDE, TOUCH, STEP RIGHT SWAY HIPS RIGHT-LEFT-RIGHT-LEFT

&1-2&3-4 Step right together, step forward left, touch right together, step right to right, replace weight left, touch right together
5-6-7-8 Step right to right swaying hips right, sway hips left, sway hips right, sway hips left

BACK, DRAG, BACK, DRAG, KICK BACK CHANGE, ¼ TURN, TOUCH

1-2-3-4 Step right back 45 degrees right, drag left together, step left back 45 degrees left, drag right together
5&6-7-8 Right kick ball change, step right ¼ left, touch left together

¼ TURN, TOUCH, ¼ TURN, TOUCH, BACK DRAG

1-2-3-4 Step left ¼ left, touch right, step right ¼ right, touch left
5-6-7-8 Step back left, drag right together (drag for 4 counts change weight on count 4)

KICK AND TOUCH, KICK AND TOUCH, STEP KICK, AND STEP KICK

1&2-3&4 Kick left, step left together, touch right to right, kick right, step right together, touch left to left
5-6&7-8 Step left 45 degrees right, kick right 45 degrees (click fingers from shoulder down) step right together, step left 45 degrees right, kick right 45 degrees (click fingers from shoulder down)

½ TURN, STEP FORWARD, ROCK REPLACE ¼, STEP, DRAG, SIDE SHUFFLE

1-2-3-4 Step right ½ right (keeping 45 degrees angle) step left forward, rock forward right, replace weight left turning to face 9:00 wall
5-6-7&8 Step right to right, drag left together, side shuffle right-left-right

TOUCH UNWIND, DOROTHY, STEP TOUCH, ¼ STEP TOUCH

1-2-3-4& Touch left behind right, unwind ½ left, step right forward, lock left behind right, step right forward
5-6-7-8 Step left forward, touch right behind left, step right ¼ turn left, touch left together

SIDE, HOLD, ½ STEP, HOLD, STEP FORWARD, DRAG

1-2-3-4 Step left to left, hold, step right ½ right, hold
5-6-7-8 Step forward left drag right together (drag for 4 counts change weight on count 4)

KICK AND TOUCH, KICK AND TOUCH, STEP KICK, AND STEP KICK

1&2-3&4 Kick left, step left together, touch right to right, kick right, step right together, touch left to left
5-6&7-8 Step left 45 degrees right, kick right 45 degrees (click fingers from shoulder down) step right together, step left 45 degrees right, kick right 45 degrees (click fingers from shoulder down)

½ TURN, STEP FORWARD, ROCK REPLACE ¼, STEP, DRAG, SIDE SHUFFLE

1-2-3-4 Step right ½ right (keeping 45 degrees angle) step left forward, rock forward right, replace weight left turning to face 3:00 wall
5-6-7&8 Step right to right, drag left together, side shuffle right-left-right

TOUCH UNWIND, DOROTHY, STEP TOUCH, HEEL GRIND

1-2-3-4& Touch left behind right, unwind ½ left, step right forward, lock left behind right, step right forward
5-6-7-8 Step left forward, touch right behind left, step forward on right heel, twist on heel ¼ right

COASTER, CROSS TOUCH, CROSS TOUCH, CROSS SAMBA

1&2-3-4 Step right back, step left together, step right forward, cross left over right, touch right to right
5-6-7&8 Cross right over left, touch left to left, cross left over right, step right to right, step left to left

REPEAT

TAG

At the end of 1st wall there is a four beat tag:

ROCKING CHAIR

1-2-3-4 Rock forward on right, replace weight on left, rock back on right, replace weight on left
