

# One More Time

COPPER KNOB  
BY STEPHEN BRETZ

拍數: 48      牆數: 4      級數: Intermediate/Advanced waltz  
編舞者: Ed Lawton (UK) & Alan Young (UK)  
音樂: Take It to the Limit - Suzy Bogguss



## TWINKLES TWICE MOVING BACK, FORWARD ½ PIVOT, ROCK, ROCK, STEP

1-3            Step left over right, step back on right, step back on left  
4-6            Step right over left, step back on left, step back on right  
7-9            Step forward on left, step forward on right, pivot ½ turn left  
10-12         Step forward on right, rock back on left, step back on right

## BACK ½ TURN TWICE STEP LOCK STEP ½ ROCK STEP BACK ½, ½, ¼

13-15         Step back on left, step back on right making a ½ turn right, step forward on left making a ½ turn right  
16-18         Step back on right, step left over right(lock step), step back on right  
19-21         Step back on left making a ½ turn left, step forward on right, rock back on left  
22-23         Step back on right, step back on left making a ½ turn left  
&24            Step forward on right making a ½ turn left, make a ¼ turn left stepping left to left side

## CROSS ROCK STEP ROCK & CROSS ROCK STEP CROSS VINE

25-27         Cross rock right over left, rock on to left, step right to right side  
28-29         Step left over right, step right to right side  
&30            Rock on to left, step right over left  
31-33         Step left to left side, rock on to right, step left over right  
34-36         Step right to right, step left behind right, step right to right

## ROSS ROCK STEP WEAVE ¼ TURN SWEEP ¼ TURN BACK DRAG

37-39         Cross rock left over right, rock on to right, step left to left side  
40-42         Step right over left, step left to left side, step right behind left  
43-45         Step left to left side making a ¼ turn left, sweep right foot round making a ¼ turn left over 2 counts

## Or you can do 1 ¼ turn left with the sweep

46-48         Take a large step back on right, drag left to right over 2 counts

## REPEAT

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