

One More Time

拍數: 32 牆數: 2 級數: Improver
編舞者: Terry Hogan (AUS)
音樂: One More Time Tonight - Adam Brand



- 1-2-3 Vine right right-left-right
4&5 Shuffle to the left side left-right-left
6 Hold
&7-8 Step right beside left, step left to the side, rock-step right foot across in front of left
- 9 Rock-replace weight back onto left foot
10&11 Shuffle backward and toward right diagonal right-left-right
12 Step left foot backward and toward right diagonal (crossed behind right)
13 Make $\frac{1}{4}$ turn right and step right foot forward
14-15 Step left forward, make $\frac{1}{2}$ pivot turn right stepping forward on right foot
&16 Step slightly backward on ball of left, step right foot across in front of left
- 17-18& Rock-step left foot to the side, rock-replace weight on right, step left beside right foot
19-20& Rock-step right foot to the side, rock-replace weight on left, step right beside left foot
21-22& Rock-step left foot to the side, rock-replace weight on right, step left beside right foot
23 Make $\frac{1}{4}$ turn right and step right foot forward
24-25 Step left foot forward, make $\frac{1}{2}$ pivot turn right stepping forward on right foot
26-27 Rock-step left foot forward, rock backward onto right
28 Step left foot backward
29&30 Step right across in front of left, step left to side, step right across front of left (cross shuffle)
31&32 Step to the side on ball of left foot, step right slightly backward, step left across in front of right

REPEAT

TAG

On the 3rd wall after the instrumental section (you will be facing the back wall)

- 1-4 Step side right, slide left beside right, step side right, slide left beside right

FINISH

To finish the dance facing front, do counts 1-5 as per above, then step right across in front of left, unwind making $\frac{1}{2}$ turn left to face front and step onto left foot.