

One Mississippi

COPPER KNOB
STEPSHEETS

拍數: 64 牆數: 1 級數: Intermediate
編舞者: Barry Amato (USA)
音樂: One Mississippi - Jill King



STEP, TOUCH, TOUCH, TOUCH, STEP, STOMP UP, STEP, STOMP UP

- 1-2 Step to the right on the right foot, touch left foot next to right foot
- 3-4 Touch left foot out to left side, touch left foot next to right foot
- 5-6 Step to the left on the left foot, stomp up with the right foot keeping weight on left
- 7-8 Step to the right on the right foot, stomp up with the left foot keeping weight on right

VINE LEFT, FULL TURN, HOLD, HEEL, TOE

- 1-2 Step left foot to the left, cross right foot behind left
- 3-4 Begin to do a full turn stepping on the left foot a $\frac{1}{4}$ turn left, continue to turn by stepping on the right foot as you do another $\frac{1}{4}$ turn left

Your back will be to original position

- 5-6 Complete turn by stepping on the left foot as you do a $\frac{1}{2}$ turn left, hold

You will be facing original position

- 7 Tap your right heel forward diagonally left

You will open your body on a full diagonal to the left as you do this

- 8 Tap your right toe straight back behind you

STEP, HOLD, $\frac{1}{2}$ PIVOT TURN, HOLD, STEP, HOLD, $\frac{1}{2}$ PIVOT TURN, HOLD

- 1-2 Still on a diagonal left step forward on the right foot, hold
- 3-4 Do a $\frac{1}{2}$ turn pivot left with left foot taking weight, hold
- 5-6 Still on a diagonal left, step forward on the right foot, hold
- 7-8 Do a $\frac{1}{2}$ turn pivot left with left foot taking weight, hold

HEEL, FAN, HEEL, FAN, STEP, $\frac{1}{2}$ PIVOT TURN, STEP, $\frac{1}{2}$ PIVOT TURN

- 1 Dig right heel into floor diagonally left
- Your body is no longer on a diagonal, but your foot is
- 2 Fan your foot from left to right and place your weight down on it
 - 3-4 Dig left heel into floor diagonally right, fan your foot from right to left and place your weight on it
 - 5-6 Step forward on the right foot, pivot $\frac{1}{2}$ turn left with left taking weight
 - 7-8 Step forward on the right foot, pivot $\frac{1}{2}$ turn left with left taking weight

STEP DIAGONAL, TOUCH, STEP DIAGONAL, TOUCH, TURN, STEP DIAGONAL, TOUCH, STEP DIAGONAL TOUCH

- 1-2 Step forward & diagonally right, touch the left foot next to the right
- 3-4 Step forward & diagonally left, touch the right foot next to the left
- & With weight on the left foot, pivot a $\frac{1}{2}$ turn right on ball of left foot
- 5-6 With your back to original position step forward & diagonally right, touch the left foot next to the right
- 7-8 Step forward & diagonally left, touch the right foot next to the left

STEP, HOLD, STEP, $\frac{1}{2}$ TURN PIVOT, WALK FORWARD WITH HIP STYLING

- 1-2 Step forward on the right foot, hold
 - 3-4 Do a $\frac{1}{2}$ turn pivot left with left foot taking weight, hold
 - 5-8 Using your hips as you do this, walk forward (take very small steps) right-left-right-left
- As you do each step, step forward and push your hips out to the appropriate side, this will style your walk

STEP SIDE, HOLD, CROSS STEP, STEP, ¼ TURN STEP, DRAG FOR TWO COUNTS, TOUCH

- 1-2 Step to the right on the right foot, hold
- 3-4 Cross left foot over right, step on the right foot next to the left
- 5-6-7 Open a ¼ turn left as you step on the left foot, drag the right foot into the left for two counts
- 8 Touch the right foot next to the left

FULL TURN RIGHT WITH EXTRA ¼ TURN, WALK FORWARD WITH HIP STYLING

- 1-3 Begin to do a full turn to the right stepping right-left-right
 - 4 Turn an extra ¼ turn right, pivoting on the ball of the right foot, as you step forward on the left foot
 - 5-8 Using your hips again as you do this, walk forward (take very small steps) right-left-right-left
- As you do each step, step forward and push your hips out to the appropriate side, once again, this will style your walk like earlier in the dance**

REPEAT

ENDING

You will do the pattern 6 full times and on the 7th time you will do the following to end on the last beat of music

7TH PATTERN

STEP, TOUCH, TOUCH, TOUCH, STEP, STOMP UP, STEP, STOMP UP

- 1-2 Step to the right on the right foot, touch left foot next to right foot
- 3-4 Touch left foot out to left side, touch left foot next to right foot
- 5-6 Step to the left on the left foot, stomp up with the right foot keeping weight on left
- 7-8 Step to the right on the right foot, stomp up with the left foot keeping weight on right

VINE LEFT, FULL TURN, HOLD, HEEL

- 1-2 Step left foot to the left, cross right foot behind left
- 3-4 Begin to do a full turn stepping on the left foot a ¼ turn left, continue to turn by stepping on the right foot as you do another ¼ turn left

Your back will be to original position

- 5-6 Complete turn by stepping on the left foot as you do a ½ turn left, hold

You will be facing original position

- 7 Tap your right heel forward diagonally left

You have finished the dance on the last beat of music.
