

# One Look

拍數: 32      牆數: 4      級數: Improver  
編舞者: Betty McNeill (UK)  
音樂: You Got It - Roy Orbison



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## ROCKS FORWARD AND BACK- RIGHT COASTER

1-2-3&4      Rock forward right foot replace weight onto left foot - step back onto right foot -step left foot back next to right foot - step forward onto right foot

## ROCKS FORWARD AND BACK - ½ TURNING SHUFFLE

5-6-7&8      Rock forward left foot replace weight onto right foot - take three steps left-right-left making ½ turn to left

## STEP SLIDES -STEPS - SAILOR ¼ TURN RIGHT

9-12      Step forward right foot slide left foot next to right foot- step forward left foot slide right foot next to left foot  
&13-14      Quickly step onto right foot-step left foot over right foot - step right foot to right side  
15&16      Step left foot behind right foot - step right foot to right side - step left foot to left side making ¼ turn right

## ROCKS AND SHUFFLES FORWARD THEN BACKWARDS

17-18-19&20      Rock back onto right foot -rock forward onto left foot then shuffle forward right-left-right  
21-22-23&24      Rock forward onto left foot - rock back onto right foot then shuffle backwards left-right-left

## TOUCH BACK TURN ¼ RIGHT - KICK WITH BALL CHANGES

25-26      Touch right foot back and turn ¼ right kicking right foot diagonal to right  
&27&28      Two quick steps crossing right over left then 2 quick steps bringing feet together

## SAILOR RIGHT WITH ¼ TURN RIGHT - STEP AND SCUFF

29&30      Step right foot behind left foot- step left foot to left side- step right foot to right making ¼ turn right  
31-32      Step forward on left foot and scuff right foot forward

## REPEAT

At end of 3rd wall there is 4 extra beats. Rock forward on right foot and back with left foot to fill in.

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