

One In A Million

COPPER KNOB
BY STEPHEN

拍數: 32 牆數: 2 級數: Intermediate
編舞者: Nicola Glenc (UK)
音樂: One in a Million - Bosson



This dance is dedicated to my friend & dance inspiration; Jo Thompson because she is one in a million!

STEP, RONDE, HOOK ½ TURN, FORWARD SHUFFLE, POINT TOE FORWARD, POINT TOE SIDE, MODIFIED SAILOR STEP

- 1-2-3 Step forward on left, sweep right foot out & around in front of left, on ball of left foot make ½ turn over left shoulder hooking right foot over left shin
- 4&5 Step forward on right, close left to right, step forward on right
- 6-7 Point left toe forward, point left toe to left side
- 8&1 Step left behind right, step right to right side, step left in front of right

STEP, HOOK ¼ TURN, FORWARD SHUFFLE, WALK RIGHT, LEFT, MAMBO ROCK

- 2-3 Step right foot to right side, hook left foot over right shin making ¼ turn left on ball of right foot
- 4&5 Step forward on left, close right to left, step forward on left,
- 6-7 Walk forward right, left
- 8&1 Rock forward on right, rock back on left, step back on right

TRAVELING PIVOTS BACKWARDS, BACK SHUFFLE, ROCK, RECOVER, ROCK & CROSS

- 2 Pivot ½ turn over left shoulder on ball of right foot, stepping forward on left foot
- 3 Pivot ½ turn over left shoulder on ball of left foot, stepping back on right foot
- 4&5 Step back on left, close right to left, step back on left
- 6-7 Rock back on right foot, rock forward on left
- 8&1 Rock right foot to right side, replace weight onto left, cross right over left

ROCK & CROSS, CHASSE RIGHT, BEHIND-AND-TURN, WALK LEFT, RIGHT

- 2&3 Rock left foot to left side, replace weight onto right, cross left over right
- 4&5 Step right foot to right side, close left to right, step right to right side
- &6 Step left behind right, step right foot forward ¼ turn right
- 7-8 Walk forward - left, right

REPEAT
