

100%

拍數: 32 牆數: 4 級數: Intermediate/Advanced
編舞者: Raine T. Webb
音樂: 100% Pure Love - Crystal Waters



GRAPEVINE RIGHT, ¼ PIVOT TURN LEFT, SAILOR SHUFFLE

1-2 Step side right, step left behind right
&3-4 Step side right, step left in front of right, step side right
&5-6 Step left beside right, pivot ¼ turn left stepping right, left
7&8 Step right behind left, step side left, step right beside left

SAILOR SHUFFLE MAKING ¾ TURN LEFT, HIP BUMPS

1&2 Step left behind right, step right, left making ¾ turn left
3&4 Stepping forward on right, bump hips right, left, right
5&6 Stepping forward on left, bump hips left, right, left
7-8 Bump hips right, left

SHUFFLE FORWARD, STEP, KICK & TOUCH, ¼ TURN LEFT, BODY ROLL

1&2 Shuffle forward right, left, right
3 Step forward on left foot
4&5 Kick right toe forward, step right beside left, touch left toe side left (weight remains on right foot)
& Make ¼ turn left on ball of right foot
6-7 Body roll down transferring weight to left foot
8 Touch right foot beside left (weight remains on left)

LEFT HEEL JACK, CROSS RIGHT OVER LEFT, FULL LEFT TURN, MAMBO

&1 Step back on right foot, left heel forward
&2 Step left foot beside right, cross right in front of left
3-4 Make full turn left, unwinding legs
5&6 Step side right, recover left, step right beside left
7&8 Step side left, recover right, step left beside right

REPEAT
