

100 Degrees

拍數: 64 牆數: 2 級數: Intermediate
編舞者: David J. Woods (UK) & Karen Woods (UK)
音樂: Summer of Love - Steps



ROCK BACK, SHUFFLE, SIDE ROCK, LEFT SAILOR ¼ TURN

1-2 Rock back onto right kicking left forward, rock forward onto left
3&4 Step right forward, close left beside right, step right forward
5-6 Rock left foot out to left side, rock back onto right
7&8 Cross left behind right, step right to side making ¼ turn left, left beside right

RIGHT KICK-BALL-STEP, HIP BUMPS (TWICE)

9&10 Kick right forward, step right beside left, step left foot forward
11-12 Bump left hip forward, bump right hip back
13&14 Kick right forward, step right beside left, step left foot forward
15-16 Bump left hip forward, bump right hip back

WALK, SYNCOPATED JUMP BACK, ROLLING VINE RIGHT

17-18 Step forward on right, step forward on left
&19-20 Jump back; stepping right then left shoulder width apart, hold & clap
21-22 Step right to side making ¼ turn right, step left forward making ¼ turn right
23 On ball of left pivot a ½ turn to right stepping right foot to side
24 Stomp left beside right (no weight)

SIDE-BEHIND, ¼ TURN CHASSE, STEP ¼ TURN, CROSS SHUFFLE

25-26 Step left to the side, cross right behind left
27&28 Step left to side, close right beside left, step left to side making ¼ turn left
29-30 Step forward onto right, pivot ¼ turn to left
31&32 Step right over left, step left to the side, step right over left

HEEL JACK, CROSS, HEEL SWITCHES, ¼ TURN STEP, FLICK, ROCK

&33 Step back onto left, touch right heel forward on a diagonal
&34 Step right beside left, cross left over right
35& Touch right heel forward, step right beside left
36& Touch left heel forward, step left beside right
37 Step right to side making ¼ turn to right
38 Flick left leg back (bent at knee) while crossing arms in air at shoulder height and clicking fingers
39-40 Rock forward onto left, rock back onto right

STEP-LOCK-STEP BACK, COASTER STEP, ROCK FORWARD, TRIPLE STEP ½ TURN OVER LEFT SHOULDER

41&42 Step back on left, lock right across left, step back on left
43&44 Step back on right, step left beside right, step forward on right
45-46 Rock forward onto left, rock back onto right
47&48 Triple step ½ turn over left; stepping, left - right - left

HEEL SWITCHES WITH ¼ TURN, SHUFFLE, SIDE ROCK

49& Touch right heel forward, step right beside left
50& Touch left heel forward, step left beside right making ¼ turn right
51-52 Touch right heel forward, touch right toe across left and click fingers in air

53&54 Step forward on right, close left beside right, step forward on right
55-56 Rock left to side, rock back onto right

BEHIND-SIDE-CROSS, SIDE TOE TOUCHES, ¼ TURN COASTER STEP, SIDE ROCK & CROSS

57&58 Cross left behind right, step right to side, cross left over right
59&60 Touch right toe to side, hitch right knee on diagonal, touch right toe to side
61 On ball of left pivot ¼ turn right and step back onto right
&62 Step left beside right, step forward onto right
63&64 Rock left to side, rock back onto right, cross left over right

REPEAT

TAG

Danced at the end of the first, second, and third walls

1& Touch right heel forward, step right beside left
2& Touch left heel forward, step left beside right making ¼ turn right
3-4 Touch right heel forward, touch right toe across left
5& Touch right heel forward, step right beside left
6& Touch left heel forward, step left beside right making ¼ turn right
7-8 Touch right heel forward, touch right toe across left

9& Touch right heel forward, step right beside left
10& Touch left heel forward, step left beside right making ¼ turn right
11-12 Touch right heel forward, touch right toe across left
13& Touch right heel forward, step right beside left
14& Touch left heel forward, step left beside right making ¼ turn right
15-16 Touch right heel forward, touch right toe across left

You will have completed a full turn doing this tag

The music will fade around middle of song for approx 64 counts. At this point just dance as normal. You may feel your count is wrong but carry on dancing and the beat will soon kick back in.
