

One For The Money

拍數: 48 牆數: 4 級數: Intermediate
編舞者: Pat Fisher (UK) & Kath Edwards (UK)
音樂: Blue Suede Shoes - Dave Sheriff



TOE HEEL STOMP - RIGHT AND LEFT

1-4 Touch right toe beside left foot, touch right heel beside left foot, stomp right foot in place, hold
5-8 Touch left toe beside right foot, touch left heel beside right foot, stomp left foot in place, hold

RIGHT MONTEREY TURNS TWICE

9-10 Touch right toe to right side, on ball of left pivot $\frac{1}{2}$ right, step right beside left
11-12 Touch left to left side, step left beside right
13-14 Touch right toe to right side, on ball of left pivot $\frac{1}{2}$ right, step right beside left
15-16 Touch left to left side, step left beside right

RIGHT ROCK AND CROSS, LEFT ROCK, RECOVER AND $\frac{1}{4}$ TURN RIGHT

17-20 Rock right foot to right side, rock back onto left, cross right over left, clap
21-24 Rock left foot to left side, rock back onto right turning $\frac{1}{4}$ right, step left foot forward, clap

RIGHT STEP LOCK, LEFT ROCK FORWARD, RECOVER, $\frac{1}{4}$ TURN LEFT

25-28 Step right foot forward, lock left foot behind right, step right foot forward, hold
29-32 Rock forward on left, recover on right, turn $\frac{1}{4}$ left stepping left beside right, hold

CROSS UNWIND $\frac{3}{4}$ LEFT (SLOWLY), LEFT COASTER

33-36 Cross right foot over left, unwind $\frac{3}{4}$ left, step onto right, hold
37-40 Step back on left, step right in place, step forward on left, hold

LEFT $\frac{1}{2}$ PIVOT (SLOWLY), RIGHT KICK BALL STOMP

41-44 Step forward on right, hold, pivot $\frac{1}{2}$ left, hold
45-47 Kick right foot forward, step right beside left, stomp left slightly to front of right (keep weight on both feet and bend both knees slightly on the stomp)
48 Hold

REPEAT
