

# One For Sorrow

**COPPER** KNOB  
BY STEPSHEETS

拍數: 0                      牆數: 2                      級數: Intermediate  
編舞者: Karen Hadley (UK)  
音樂: One For Sorrow (Tony Moran Us Remix) - Steps



Sequence: AAB, AAB, AAB, AAAB, AA (The first 3 B's are facing the front and the last one is facing the back)

## PART A

### KICK, OUT-OUT, RIGHT SAILOR STEP, BEHIND, UNWIND ½ TURN, PIVOT ½ TURN

1&2                      Kick right across left, step right to right side, step left to left side  
3&4                      Cross step right behind left, step left to left side, step right to right side  
5-6                      Touch left behind right, unwind ½ turn left  
7-8                      Step forward on right, pivot ½ turn left

### RIGHT WIZARD OF OZ, SKATES, LEFT WIZARD OF OZ, SKATES INTO ¼ TURN LEFT

9-10&                      Step diagonally forward on right, lock left behind right, step right beside left  
11-12                      Skate forward left, skate forward right  
13-14&                      Step diagonally forward on left, lock right behind left, step left beside right  
15-16                      Skate forward right, skate forward left making ¼ turn left

### FORWARD ROCK, ½ SHUFFLE TURN, PIVOT ½ TURN, LEFT WIZARD OF OZ

17-18                      Rock forward on right, rock back onto left  
19&20                      Making ½ turn right step forward on right, step left beside right, step forward on right  
21-22                      Step forward on left, pivot ½ turn right  
23-24&                      Step forward on left, lock right behind left, step left beside right

### SIDE ROCK, ¼ TURN LEFT, SHUFFLE FORWARD, FORWARD ROCK, COASTER STEP

25-26                      Rock right to right side, rock back onto left making ¼ turn left  
27&28                      Step forward on right, step left beside right, step forward on right  
29-30                      Rock forward on left, rock back onto right  
31&32                      Step back on left, step right beside left, step forward on right

## PART B

### SIDE, BEHIND & HEEL & CROSS, SIDE, BEHIND & HEEL & CROSS

1-2&                      Step right to right side, cross step left behind right, step right to right side  
3&4                      Touch left heel diagonally forward, step left beside right, cross step right over left  
5-6&                      Step left to left side, cross step right behind left, step left to left side  
7&8                      Touch right heel diagonally forward, step right beside left, cross step left over right

### SIDE ROCK & CROSS, SIDE ROCK & CROSS, 2 X PIVOT ½ TURNS

9&10                      Rock right to right side, rock left in place, cross step right over left  
11&12                      Rock left to left side, rock right in place, cross step left over right  
13-14                      Step forward on right, pivot ½ turn left  
15-16                      Step forward on right, pivot ½ turn left