

# One Eight-Hundred

**COPPER KNOB**  
STEPPERS

拍數: 32      牆數: 4      級數: Beginner  
編舞者: Jim Cone (USA)  
音樂: 1-800 I'm a Fool - K.C. Williams



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## FORWARD ROCK, BACK ROCK

1-4      Step forward on right, rock back on left, step back on right, rock forward on left

## STEP HITCH, STEP HITCH

5-8      Step forward on right, hitch left knee, step forward on left, hitch right knee

## FORWARD ROCK, BACK ROCK

1-4      Step forward on right, rock back on left, step back on right, rock forward on left

## STEP HITCH, STEP HITCH

5-8      Step forward on right, hitch left knee, step forward on left, hitch right knee

## BACK 2-3 HITCH

1-4      Step back right, step back left, step back right and hitch left knee

## BACK 2-3 STAMP

5-8      Step back left, step back right and step back left, stamp right (stomp without weight change)

## VINE RIGHT BEHIND RIGHT, SCUFF

1-4      Step right, cross left behind right, step right and scuff left beside right

## VINE LEFT BEHIND ¼ TURN, SCUFF

5-8      Step left, cross right behind left, step ¼ turn left and scuff right beside left

## REPEAT

As a variation try clapping on the hitches

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