

One By One

拍數: 32 牆數: 4 級數: Intermediate
編舞者: Levi J. Hubbard (USA)
音樂: One By One (Junior Vasquez Vocal Mix) - Cher



HEEL TAP, TOGETHER, MONTEREY TURN, SIDE STEP, TOGETHER (REPEAT)

- 1 Tap right heel forward
- 2 Touch right together
- 3 Touch right toe out to side
- 4 Pivot on ball of left foot ½ turn right, swinging right foot around for momentum, stepping together
- 5 Touch left toe out to side
- 6 Touch left together
- 7 Step left to side (big step) or jump
- 8 Slide right together in a touch
- 9-16 Repeat counts 1-8

2 KICK-BALL JUMPS TO THE RIGHT, WALK FORWARD, SYNCOPATED JUMPS (OUT-IN)

- 17 Kick right slightly forward
- & Step right slightly out to side
- 18 Step left together
- 19 Kick right slightly forward
- & Step right slightly out to side
- 20 Step left together
- 21 Step right forward
- 22 Step left forward
- &23 Jump feet slightly apart (right then left)
- &24 Jump feet together (left then right)

2 PARTIAL HEEL JACKS, TOUCH FORWARD, ¼ TURN LEFT, BUMP-BUMP

- &25 Step right slightly backward while tapping left heel forward
- &26 Step left back together while touching right toe together
- &27 Step right slightly backward while tapping left heel forward
- &28 Step left back together while touching right toe together
- 29 Touch right toe slightly forward
- 30 On (balls of) both feet, pivot ¼ turn left, touching right toe next to left
- 31 Bump left
- 32 Bump right (keeping weight on left foot)

REPEAT
