

# One By One

**COPPER KNOB**  
STEPSHEETS

拍數: 64      牆數: 4      級數: Intermediate  
編舞者: Ian Dunn (AUS)  
音樂: One By One - Crosby Sisters



Third place at Riverstone 98 - Australian music section. Highly Commended at "Gordon Elliot 98  
Choreography Comp

## RIGHT STEP, LOCK, STEP, SCUFF, LEFT STEP, LOCK, STEP, SCUFF

1-4            Step right forward, lock left behind right, step right forward, scuff left behind right & forward  
5-8            Step left forward, lock right behind left, step left forward, scuff right forward & swing to right

## 7 BEAT VINE RIGHT, TOUCH

1-4            Step right to right side, step left behind right, step right to right side, step left across right  
5-8            Step right to right side, step left behind right, step right to right side, touch left beside right

## VINE LEFT, SCUFF, RIGHT STEP, LOCK, STEP, SCUFF

1-4            Step left to left side, step right behind left, step left to left side, scuff right beside left  
5-8            Step right forward, lock left behind right, step right forward, scuff left forward

## LEFT, HOLD, ¼ RIGHT, HOLD, LEFT, HOLD, ¼ RIGHT, HOLD

1-4            Step left forward, hold, pivot on right foot ¼ turn right, hold  
5-8            Step left forward, hold, pivot on right foot ¼ turn right, hold

## LEFT LOCK, SCUFF, REGGAE TURN ¼ turn RIGHT, TOUCH

1-4            Step left forward, lock right behind left, step left forward, scuff right beside left & forward  
5-6            Cross right over left, step left back (start ¼ turn to right)  
7-8            Step right back (& complete ¼ turn to right), touch left beside right

## FULL TURN LEFT, SIDE STEP RIGHT, SIDE, STEP ONTO LEFT

1-4            Roll to left full turn stepping left-right-left, touch right beside left  
**Please feel free to substitute a vine to the left (left-right-left, touch) for the full turn turn**  
5-8            Long step right to right side, two beat slow slide left beside right, step left beside right (weight on left)

## BALL JACK, HOLD, TOGETHER, HOLD

1-4            Hop back on right 45 degrees right with left heel forward 45 degrees left, hold, hop together, hold (small ball jack feet 12 to 18 inches apart)

**Please feel free to substitute left heel 45, hold, together hold & right heel 45, hold, together, hold if jumping is a problem in ball jacks**

## BALL JACK, HOLD, TOGETHER, HOLD

5-8            Hop back on left 45 degrees left with right heel forward 45 degrees right, hold, hop together, hold (small ball jack feet 12 to 18 inches apart)

## TOUCH LEFT, RIGHT, FORWARD, TAP TAP BACK

1-2            Touch left toe to left side, step together  
3-4            Touch right toe to right side, step together  
5-6            Touch left heel forward, step together lifting right off the floor  
7-8            Touch right toe back twice

## REPEAT

To finish the dance the last 8 beats are omitted and substituted with:

1-4 Step left forward, brush right forward, brush right across left, touch right toe to floor with legs crossed

5-8 Hold for 4 counts

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