Once Upon A Time

拍數: 84

編舞者: Justine Shuttleworth (AUS)

音樂: Never Been Kissed - Sherrié Austin

牆數:1

1&2	Shuffle to right side stepping right-left-right
3&4	Step left behind right, step right to right, cross left over right
5	Unwind turning ½ turn right (weight left)
6&	Touch right heel across in front of left, step right to right
7&	Touch left heel across in front of right, step left to left
8&	Touch right heel across in front of left, kick right to right
1&2 3&4 5-6 7-8	Sailor step; step right behind left, rock left to left, rock/replace weight onto right Touch left toe back & behind right, touch left toe to left with left knee pointing towards right (inwards), touch left toe back & behind right Rock left to left, rock/replace weight onto right Turning ¾ left step forward on left, turning a further ¾ left step back on right (this 1 ½ turn left is completed traveling to the left, 9:00 to end up facing the starting wall 12:00)
1-16	Repeat last 16 beats using opposite footwork (mirror image)
1&2	Rock right to right, rock/replace left to left, step right in front of left
&3&	Rock left to left, rock/replace right to right, step left in front of right
4&5	Rock right to right, rock/replace left to left, step right in front of left
&6	Rock left to left, rock/replace right to right
7-8	Step forward left, pivot ½ turn right (weight right)
&	Turn a further ½ turn right on ball of right foot to face starting wall
1&2	Step left behind right, rock right to right rock/replace weight onto left
&3&	Step right behind left, rock left to left rock/replace weight onto right
4&5	Step left behind right, rock right to right, rock/replace weight onto left
&6	Rock back on right, forward on left
7-8	Turning full turn left step forward right-left
1&2	Shuffle forward stepping right-left-right
&	Turn ½ right & step back on left
3&4	Shuffle back stepping right-left-right
5&6	Shuffle forward left-right-left
&	Turn ½ left & step back on right
7&8	Shuffle back left-right-left
1-4 5-8	Rock back on right, forward on left, back on right, forward on left Step forward right, pivot ½ turn left (weight left), step forward right, pivot ½ turn left (weight left)
1&2	Shuffle forward stepping right-left-right
3-4	Step forward left, pivot ½ turn right (weight right)
&5	Step slightly forward onto left, touch right toe to right
&6	Step right beside left, touch left toe to left



COPPER KNOE



7-8	Slide left toe in beside right turning ¼ left taking weight onto left (as in ¼ Monterey), step forward on right
&1	Kick left foot forward (low kick), step slightly forward on left
2	Step forward on right
&3	Kick left foot forward (low kick), step slightly forward on left
4	Step forward on right
5-6	Rock forward on left, back on right
7&8	Turning 1 1/2 turn left shuffle back stepping left-right-left (triple)
1&2	Shuffle forward stepping right-left-right
3&4	Rock forward on left, step back on right turning ¼ left, turning a further ¼ turn left step forward on left
&	Turn a further ¼ turn to face starting wall & restart from beginning

REPEAT

For the dance to fit best to the music add a full turn left stepping right-left at the end of the 2nd wall before restarting the dance (or simply hold for 2 beats).