

On Ya Mate

拍數: 32 牆數: 4 級數: Improver
編舞者: Tara Green
音樂: The Way It Is - Lee Kernaghan



-
- | | |
|-------|--|
| 1-2 | Right rock forward, return weight to left |
| 3-4 | Right rock back, return weight to left |
| 5-6 | Right rock to right side, return weight to left |
| 7-8 | Right step across left, unwind ½ turn left |
| 9-10 | Left rock forward, return weight to right |
| 11-12 | Left rock back, return weight to right |
| 13-14 | Left rock to left side, return weight to right |
| 15-16 | Left step across right, unwind ½ turn right |
| 17&18 | Right sailor step |
| 19&20 | Left sailor step |
| 21-22 | Step right forward, pivot ½ turn left, end with weight on left |
| 23&24 | Right coaster step (right step back, step left back, step right forward) |
| 25-26 | Step left forward, pivot ½ turn right, end with weight on right |
| 27&28 | Left coaster step |
| 29-30 | Right rock forward, left rock back turning ¼ turn right |
| 31-32 | Right rock to right side, return weight to left |

REPEAT
