On The Road

拍數: 64

REPEAT

編舞者: Raymond Howell (AUS)



音樂: Six Days On the Road - Sawyer Brown 1-4 Step right forward, pivot ½ turn left taking weight on left, repeat 5-6 Step right forward rolling right knee to right, step left forward rolling left knee to left 7-8 Step right back, tap left beside right 1& Tap left heel at 45 degrees left, step left beside right 2& Tap right heel at 45 degrees right, step right beside left 3-4 Tap left heel at 45 degrees left twice &5 Step left beside right, tap right heel at 45 degrees right &6 Step right beside left, tap left heel at 45 degrees left &7-8 Step left beside right, tap right heel at 45 degrees right twice 1-4 Step right forward at 45 degrees right, scuff left forward, step left forward at 45 degrees left, scuff right forward The following 4 beats are done with the body facing 45 degrees right 5-6 Step right to right side while twisting left heel to left, step left beside right with a clap 7-8 Step right to right side while twisting left heel to left, step left beside right with a clap 1-4 Step left forward at 45 degrees left, scuff right forward, step right forward at 45 degrees right, scuff left forward The following 4 beats are done with the body facing 45 degrees left 5-6 Step left to left side while twisting right heel to right, step right beside left with a clap 7-8 Step left to left side while twisting right heel to right, step right beside left with a clap 1&2 Kick right forward, ball change right-left (body facing 45 degrees left) Step right forward at 45 degrees left, pivot ½ turn left taking weight on left (now facing 3-4 opposite corner) 5&6 Kick right forward, ball change right-left (body facing 45 degrees left) 7-8 Step right forward at 45 degrees left, pivot ½ turn left taking weight on left (now facing opposite corner) 1-2 Step right to right side pushing off left, step left across over right 3-4 Step right to right side pushing off left, step left across over right 5-6 Pivot ½ turn right, jump back onto left while placing right heel forward at 45 degrees right 7-8 Jump forward onto right hitching left knee, step left to left side 1-4 Thrust hips forward: left, right, left twice 5-8 Thrust hips forward: right, left, right twice 1&2 Sailor shuffle: step right behind left, step left to left side, replace weight onto right 3-4 Step left behind right, pivot ¾ turn left keeping weight on left 5-7 Step right forward, step left forward, hold 88 Step right beside left, step left forward

級數:

牆數: 4