

On The Road

拍數: 64 牆數: 4 級數:
編舞者: Raymond Howell (AUS)
音樂: Six Days On the Road - Sawyer Brown



- 1-4 Step right forward, pivot ½ turn left taking weight on left, repeat
5-6 Step right forward rolling right knee to right, step left forward rolling left knee to left
7-8 Step right back, tap left beside right
- 1& Tap left heel at 45 degrees left, step left beside right
2& Tap right heel at 45 degrees right, step right beside left
3-4 Tap left heel at 45 degrees left twice
&5 Step left beside right, tap right heel at 45 degrees right
&6 Step right beside left, tap left heel at 45 degrees left
&7-8 Step left beside right, tap right heel at 45 degrees right twice
- 1-4 Step right forward at 45 degrees right, scuff left forward, step left forward at 45 degrees left, scuff right forward
- The following 4 beats are done with the body facing 45 degrees right**
- 5-6 Step right to right side while twisting left heel to left, step left beside right with a clap
7-8 Step right to right side while twisting left heel to left, step left beside right with a clap
- 1-4 Step left forward at 45 degrees left, scuff right forward, step right forward at 45 degrees right, scuff left forward
- The following 4 beats are done with the body facing 45 degrees left**
- 5-6 Step left to left side while twisting right heel to right, step right beside left with a clap
7-8 Step left to left side while twisting right heel to right, step right beside left with a clap
- 1&2 Kick right forward, ball change right-left (body facing 45 degrees left)
3-4 Step right forward at 45 degrees left, pivot ½ turn left taking weight on left (now facing opposite corner)
5&6 Kick right forward, ball change right-left (body facing 45 degrees left)
7-8 Step right forward at 45 degrees left, pivot ½ turn left taking weight on left (now facing opposite corner)
- 1-2 Step right to right side pushing off left, step left across over right
3-4 Step right to right side pushing off left, step left across over right
5-6 Pivot ½ turn right, jump back onto left while placing right heel forward at 45 degrees right
7-8 Jump forward onto right hitching left knee, step left to left side
- 1-4 Thrust hips forward: left, right, left twice
5-8 Thrust hips forward: right, left, right twice
- 1&2 Sailor shuffle: step right behind left, step left to left side, replace weight onto right
3-4 Step left behind right, pivot ¾ turn left keeping weight on left
5-7 Step right forward, step left forward, hold
&8 Step right beside left, step left forward

REPEAT