

On The Line

COPPERKNOB
STEPSHEETS

拍數: 32 牆數: 4 級數: Improver
編舞者: Liz Larsson (SWE)
音樂: Sick and Tired - Anastacia



SIDE ROCK RIGHT, BEHIND SIDE CROSS, SIDE ROCK LEFT, BEHIND SIDE CROSS

1-2 Rock right to right, recover onto left
3&4 Step right behind left, step left to left, cross right over left (taking weight)
5-6 Rock left to left, recover onto right
7&8 Step left behind right, step right to right, cross left over right (taking weight)

SHUFFLE FORWARD RIGHT, MAMBO STEP FORWARD LEFT, SHUFFLE BACK RIGHT, MAMBO STEP BACK LEFT

1&2 Step right forward, step left next to right, step right forward
3&4 Mambo forward left, recover back onto right, step back on left
5&6 Step right back, step left next to right, step right back
7&8 Mambo back left, recover back onto right, step forward on left

SWAY TWICE, SHUFFLE TURN ¼ RIGHT, POINTS

1-2 Sway right, sway left
3&4 Turn ¼ to right on ball of left, step right forward, step left next to right, step right forward
5-6 Point left to left, touch left beside right
7&8 Point left to left, touch left beside right, point left to left

COASTER STEP, SHUFFLE FORWARD RIGHT, SKATE TWICE, BACK LOCK STEP LEFT

1&2 Step back on left, step right beside left, step forward on left
3&4 Step right forward, step left next to right, step right forward
5-6 Skate left, skate right
7&8 Step back on left, lock right across left, step back onto left

REPEAT

TAG

16 counts after 3rd wall (facing 9:00)

SIDE ROCK RIGHT, COASTER STEP, SIDE ROCK LEFT, COASTER STEP

1-2 Rock right to right, recover onto left
3&4 Step back on right, step left beside right, step forward on right
5-6 Rock left to left, recover onto right
7&8 Step back on left, step right beside left, step forward on left

FORWARD ROCK RIGHT, COASTER STEP, FORWARD ROCK LEFT, COASTER STEP

1-2 Rock forward right, recover onto left
3&4 Step back on right, step left beside right, step forward on right
5-6 Rock forward left, recover onto right
7&8 Step back on left, step right beside left, step forward on left
