

On The Kitchen Tiles

拍數: 32 牆數: 4 級數: Improver
編舞者: Maureen Jones (UK) & Michelle Jones (UK)
音樂: All About You - McFly



BACK ROCK, SIDE SHUFFLE, CROSS ROCK, SHUFFLE ¼ TURN

1-2 Rock right behind left, recover forward onto left
3&4 Step right to right, step left beside right, step right to right
5-6 Rock left across right, recover onto right
7&8 Make ¼ turn left shuffling left, right, left

ROCK, ¼ TURN, BEHIND, ¼ TURN, BEHIND, STEP, STEP, TOUCH

9-10 Rock right forward, recover onto left
11-12 Make ¼ turn right and step right to right, step left behind right
13-14 Make ¼ turn right and step right forward, step left behind right
&15-16 Step right small step forward, step left forward, touch right beside left

BACK, TOUCH, STEP, SCUFF, CROSS SHUFFLE, ½ TURN

17-18 Step right diagonally back right, touch left across right
19-20 Step left diagonally forward left, scuff right across left
21&22 Step right across left, step left beside right, step right across left
23-24 Make ¼ turn right and step left back, make ¼ turn right and step right to right

JAZZ BOX, WALKS, HEEL, CROSS, UNWIND ½ TURN

25-26 Step left across right, step right back
27-28 Step left to left, step right forward
29-30& Step left forward, touch right heel forward, step right beside left
31-32 Touch left across right, unwind ½ turn right (weight on left)

Easier option: counts 29-30 walk forward stepping left, right

REPEAT

RESTART

When dancing to "All About You", during the eighth wall, dance up to count 8 then pause as music pauses (facing 6:00). Restart dance from the beginning as beat resumes. The dance finishes on count 32 facing the front

To match the slower pace of the music as the dance concludes we suggest dancing the easier option for counts 29-30 on the final wall