

On The Blink

拍數: 48 牆數: 4 級數: Intermediate
編舞者: Mark Cosenza (USA)
音樂: Why Get Up - The Fabulous Thunderbirds



Vocals start immediately, so dance can start following 2-beat drum intro or 48 counts following it.

STEP LEFT, ROCK RIGHT, RECOVER, RIGHT SIDE SHUFFLE

1-3 Step down on left, rock right in front of left, recover
4&5 Step side right, step together left, step side right

CROSSOVER LEFT, STEP RIGHT, LEFT COASTER WITH ¼ TURN

6-7 Rock left in front of right, recover
8&1 Making ¼ turn left, step back on left, step right beside left, step left forward

ROCK RIGHT, RECOVER, RIGHT SIDE SHUFFLE, CROSSOVER LEFT, STEP RIGHT, LEFT COASTER

2-3 Rock right in front of left, recover
4&5 Step side right, step together left, step side right
6-7 Rock left in front of right, recover
8&1 Mini-sweep left back behind right, step right beside left, step forward left

ANGLE FORWARD RIGHT, BRUSH LEFT TO RIGHT, ANGLE FORWARD LEFT, STEP LEFT, RIGHT, LEFT, REPEAT

2 Step right forward angle right
3 Bring left to right foot and slightly brush to left side (of foot) keeping weight on right
4&5 Angling forward left, step left, right, left
6 Switch to angle right and step down on right,
7 Bring left to right foot and slightly brush to left side (of foot) keeping weight on right
8&1 Angling forward left, step left, right, left

TOUCH BACK RIGHT, ½ TURN, RIGHT COASTER, FORWARD LEFT, RIGHT, CROSSOVER ¼ PIVOT LEFT-RIGHT-LEFT

2-3 Face forward and touch right back, pivot on left ½ to the right
4&5 Rock back on right, recover on left, step forward on right
6-7 Step forward left, right
8&1 Cross left over right, pivot ¼ left stepping right, left

TOUCH RIGHT DOWN & SIDE RIGHT, STEP RIGHT, SIDE LEFT, STEP RIGHT

2-3 Touch right down, touch right side right
4&5 Step down on right, step side left, step right next to left

TOUCH SIDE LEFT, STEP DOWN LEFT, KICK RIGHT AND STEP BEHIND LEFT

6-7 Touch left side left, step down on left
8& Kick out right angle right and raise right foot (with slight exaggeration)

HOLD, BOB KNEES UP AND DOWN, PIVOT ¼ RIGHT

1 Step right behind left and bend head down

Hand movement for previous 2 counts: raise right hand as you kick out and point to the ground as left foot is stepped down

2-3 Hold
&4& Using knees, slightly bob down, up, down
5-6 Keeping weight on right, pivot ¼ turn right and straighten back up

7-8 Step left, right

The last 8 counts of the dance coincide with the song break on choreographed music

REPEAT
