

On The Beach Again

COPPER KNOB
STEPSHEETS

拍數: 32 牆數: 4 級數: Improver - mambo
編舞者: Tony Fay (CAN)
音樂: Sex on the Beach - T-Spoon



MAMBO FORWARD, MAMBO BACK, MAMBO LEFT, MAMBO RIGHT

1&2 Rock forward on left foot, recover on right foot, step left foot next to right
3&4 Rock back on right foot, recover on left foot, step right foot next to left
5&6 Rock left foot to left side, recover on right foot, step left foot next to right
7&8 Rock right foot to right side, recover on left foot, step right foot next to left

TRIPLE FORWARD, TRIPLE FORWARD, ½ RIGHT PIVOT, ½ RIGHT PIVOT (MILITARY TURNS)

9&10 Left foot forward, right foot beside left, left foot forward
11&12 Right foot forward, left foot beside right, right foot forward
13-14 Step left foot forward, ½ pivot to right, change weight to right foot
15-16 Step left foot forward, ½ pivot to right, change weight to right foot

STEP SLIDE LEFT, STEP SLIDE LEFT, STEP SLIDE LEFT, STEP, ½ LEFT PIVOT, ½ LEFT PIVOT (MILITARY TURNS)

17& Step left foot to left side, slide right foot next to left
18& Step left foot to left side, slide right foot next to left,
19& Step left foot to left side, slide right foot next to left
20 Step on left foot
21-22 Step right foot forward, ½ pivot to left, change weight to left foot
23-24 Step right foot forward, ½ pivot to left, change weight to left foot.

STEP SLIDE RIGHT, STEP SLIDE RIGHT, STEP SLIDE RIGHT, STEP, ½ RIGHT PIVOT, ¾ RIGHT PIVOT (MILITARY TURNS)

25& Step right foot to right side, slide left foot next to right
26& Step right foot to right side, slide left foot next to right,
27& Step right foot to right side, slide left foot next to right
28 Step on right foot
29-30 Step left foot forward, ½ pivot to right, change weight to right foot
31-32 Step left foot forward, ¾ pivot to right, change weight to right foot

REPEAT