

# On The Beach

拍數: 32      牆數: 4      級數: Improver  
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音樂: Sex on the Beach - T-Spoon



## BUMPS SHUFFLE STEP PIVOT

1-4            Step forward left, bump hips forward, back, forward, back  
5-6            Shuffle forward on left-right-left  
7-8            Step forward right - pivot ½ left

**Experiment with any hip bumps, wiggles or body rolls as the feeling takes you !**

## SYNCOPATED VINES

9-10           Step right to side step left behind right  
&11           Step right on ball of foot, step left over right  
12            Step right to right  
13-14          Step left to left side, step right behind left  
&15           Step left on ball of foot, step right across left  
16            Touch left toes to left side  
17-20          Step left across front of right, touch right to right side, step right across front of left, touch left to left side  
21-22          Step left behind right - unwind ¾ turn to left  
&23           Step right to side, step left to side  
&24           Step right in place - step left in place

## TOE STRUTS

25-28          Strut forward on right toe, heel and left toe, heel

## ROGER RABBITS, COASTER STEP

&29           Scoot back on left hitching right - step back on right  
&30           Scoot back on right hitching left - step back on left  
&            Scoot back on left hitching right  
31-32          Step back on right, step left beside right, step forward right

## REPEAT

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