

On Our Way

拍數: 64 牆數: 2 級數: Intermediate
編舞者: Emma Dowling (UK) & John Dowling (UK)
音樂: I'm On My Way - The Proclaimers



Emma was age 13 when this dance was created

HEEL DIGS, CLAP, RIGHT SHUFFLE, LEFT SHUFFLE

- 1&2 Touch right heel in front, step right next to left, touch left heel in front
- &3&4 Step left next to right, touch right heel in front, hold and clap twice
- 5&6 Step right forward, step left next to right, step right forward
- 7&8 Step left forward, step right next to left, step left forward

ROCK, RECOVER, SHUFFLE ½ TURN, FULL TURN, SHUFFLE FORWARD

- 1-2 Rock forward on right, recover weight back onto left rock, recover
- 3&4 Make a ½ turn right stepping right forward, step left next to right, step right forward
- 5-6 ½ turn right stepping back on left, ½ turn right stepping forward on right
- 7&8 Step left forward, step right next to left, step left forward (facing 6:00 wall)

Steps 3-8 are danced traveling towards the 6:00 wall

STEP FORWARD, HEEL BOUNCE ½ TURN, RIGHT SAILOR STEP, WALK, WALK

- 1-4 Step forward on right, make a ½ turn left bouncing heels 3 times
- 5&6 Cross left behind right, step right to right side, recover weight stepping left to side sailor step
- 7-8 Walk forward stepping right, left

REPEAT SECTION 3

- 1-4 Step forward on right, make a ½ turn left bouncing heels 3 times
- 5&6 Cross left behind right, step right to right side, recover weight stepping left to side sailor step
- 7-8 Walk forward stepping right, left (facing 6:00 wall)

Restart from beginning on walls 3 and 6 (chorus)

CROSS, BACK, CHASSE ¼ TURN, CROSSING HEEL JACKS

- 1-2 Cross right in front of left, step back on left starting a ¼ turn right
- 3-4 Complete the ¼ turn right stepping right to right side, slide left next to right, step right to right side
- 5&6 Step left across in front of right, step slightly back on right and touch left heel diagonally forward
- &7 Step left next to right, step right across in front of left
- &8 Step slightly back on left and touch right heel diagonally forward (facing 9:00 wall)

WALK FORWARD, ROCK RECOVER, BACK SHUFFLE, ROCK RECOVER

- &1-2 Recover right next to left and walk forward stepping left, right
- 3-4 Rock forward on left, recover weight back onto right
- 5&6 Step left back, step right next to left, step left back
- 7-8 Rock back on right, recover weight forward onto left

RIGHT KICK-BALL-CROSS TWICE, ROCK, SHUFFLE ¼ TURN

- 1&2 With weight on left, kick right forward, step right down, step left across in front of right
- 3&4 With weight on left, kick right forward, step right down, step left across in front of right
- 5-6 Rock weight onto right foot stepping right out to right side, recover weight onto left stepping in place
- 7&8 Make a ¼ turn left stepping right forward, step left next to right, step right forward

ROCKING CHAIR, KICK-BALL-STEP, STEP, CLAP

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| 1-2 | Rock forward on left, recover weight back onto right in place |
| 3-4 | Rock back on left, recover weight forward onto right in place |
| 5&6 | With weight on right, kick left forward, step left down, step right forward |
| 7-8 | Step forward on left, hold and clap (facing 6:00 wall) |

REPEAT

There are 2 restarts at the end of each chorus

Walls 3 and 6 are danced up to count 32 and then restarted from the beginning

TAG

End of 6th wall (at end of 2nd restart wall) requires tag as follows:

JAZZ BOX

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| 1-2 | Step right across in front of left, step back on left |
| 3-4 | Step right to right side, step left in place next to right |
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