

On Our Mind (P)

COPPER KNOB
STEPSHEETS

拍數: 32 牆數: 0 級數: Partner
編舞者: Bernie Locurto & Chun Lee
音樂: Arizona on My Mind - Jake Mathews



Position: Cape Position (Man is on ILOD, Lady is on OLOD)

Partner dance adapted from the line dance "On My Mind" by Vivienne Scott & Fred Buckley

STEP FORWARD ON DIAGONAL, CROSS ROCK, SIDE SHUFFLE, CROSS ROCK, STEP ½ TURN BACK

- 1 BOTH: Step right forward on right diagonal
- 2-3 Cross rock left over right, recover on right
- 4&5 Step left to left side, close right beside left, step left to left side
- 6-7 Cross rock right over left, recover on left
- 8 Step back ½ turn right

Still holding hands. Do not let go. At this point man is on ILOD, lady is OLOD, both facing RLOD (Reverse Cape Position)

FORWARD SHUFFLE, ½ PIVOT TURN, ½ TURN SHUFFLE, TOE STEP ½ TURN

- 9&10 Step left forward, close right beside left, step left forward
- 11-12 Step right forward, pivot ½ turn left

Still hold hands back to cape position. Drop left hands holding right hands

- 13 Step right forward ¼ turn left

Man's left hand behind back picks up lady's left hand. Lady's left hand picks up man's left hand

- & Step close left beside right

Hold left hands. Drop right hands

- 14 Step right back ¼ turn left
- 15 Touch left toe behind

Pick up hands right to right and left to left back to Reverse Cape Position

- 16 Turn ½ left stepping down on left

Back to Cape Position

CROSS ROCK, SWEEP, ANCHOR STEP, SWEEP

- 17-18 Cross rock right over left, recover on left

Bend knees like a curtsy

- 19-20 Sweep right around and behind left, step on it
- 21-22 Rock on left in place, recover on right
- 23-24 Sweep left around and behind right, step on it

SHUFFLE FORWARD, WALK FORWARD LEFT, RIGHT, SHUFFLE FORWARD, SWAYS

- 25&26 Step right forward, close left beside right, step right forward
- 27-28 Walk forward left, right

Option: 2 count full turn for the lady

- 29&30 Step left forward, close right beside left, step left forward
- 31-32 Sway right to right side, sway left to left side

REPEAT

RESTART

For "Arizona On My Mind" only: On the seventh verse (vocal starts "I can take a rain check on Mexico") dance first 12 counts then start again. You will be in Cape Position facing LOD