On My Way



拍數: 32 牆數: 4 級數: Improver

編舞者: Misti Regal (USA)

音樂: I'm On My Way - The Proclaimers



WALK BACK, BACK, TOUCH TURN, TOUCH STEP, COASTER

1-4 Walk back left, back right, touch left toe to side, turn ½ left(9:00) and step back left

5-6-7&8 Touch right toe to side, step back right, left coaster(left-right-left)

WALK FORWARD, FORWARD, 1/2 MONTEREY TURN, SYNC. SIDE ROCK CROSS TWICE

1-4 Walk forward right, forward left, touch right toe to side, turn ½ to right(3:00) and step right

Step left to side, recover on right, cross left in front of right

Step right to side, recover on left, cross right in front of left

STEP. ½ TURN WITH KICKS. COASTER. PIVOT ½

1-4 Step left forward, kick right to front, turn ¼ to right(6:00) and kick right to front, turn ¼ to

right(9:00) and kick right to front (weight stays on left during kicks)

5&6-7-8 Right coaster (right-left-right), step left forward, pivot ½ to right(3:00) and shift weight to right

PIVOT ½, SHUFFLE TURN ½, BACK ROCK, FORWARD COASTER

1-2 Step left forward, pivot ½ to right(9:00) and shift weight to right

3&4 Shuffle left-right-left while turning ½ to right(3:00)

5-6-7&8 Rock back on right, recover onto left, forward right coaster

REPEAT