

# On My Mind

拍數: 32      牆數: 4      級數: Improver cha cha  
編舞者: Vivienne Scott (CAN) & Fred Buckley (CAN)  
音樂: Arizona on My Mind - Jake Mathews



## STEP FORWARD ON DIAGONAL, CROSS ROCK, SIDE SHUFFLE, CROSS ROCK, SIDE STEP ¼ TURN

1            Step right forward on right diagonal  
2-3        Cross rock left over right, recover on right  
4&5        Step left to left side, close right beside left, step left to left side  
6-7        Cross rock right over left, recover on left  
8            Step right to right side ¼ turn right

## FORWARD SHUFFLE, PIVOT TURN, ½ TURN SHUFFLE, TOE STEP ½ TURN

9&10       Step left forward, close right beside left, step left forward  
11-12      Step right forward, pivot ½ turn left  
13&14      Step right forward ¼ turn left, close right beside left, step right back ¼ turn left  
15-16      Touch left toe behind, turn ½ left stepping down on left

## CROSS ROCK, SWEEP, ANCHOR STEP, SWEEP

17-18      Cross rock right over left, recover on left

### Bend knees, like a curtsy, for styling

19-20      Sweep right around and behind left, step on it  
21-22      Rock on left in place, recover on right  
23-24      Sweep left around and behind right, step on it

## SHUFFLE FORWARD, ROCK RECOVER, ½ TURN SHUFFLE, SWAYS

25&26      Step right forward, close left beside right, step right forward  
27-28      Rock forward on left, recover on right  
29&30      Step left back ½ turn left, close right beside left, step left forward  
31-32      Step sway right to right side, sway left

## REPEAT

## RESTART

For "Arizona On My Mind" only, On 7th wall (2nd time you face the back wall) dance first 12 counts, then start again. You will be facing the 3:00 wall when you restart

## RESTART

For "Hey You" only, On 5th wall dance first 24 counts, then start again

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