

# On My Mind

**COPPERKNOB**  
BY STEPHEN

拍數: 64      牆數: 2      級數: Intermediate mixed rhythm  
編舞者: Bill McGee (USA)  
音樂: Every Little Thing I Do - Soul 4 Real



## WALK, WALK, TOUCH, &, KICK, SAILOR LEFT, ½ TURN SAILOR RIGHT

1-2            Step forward on right, step forward on left  
3&4            Touch right behind left, step right behind left, kick left forward  
5&6            Sweeping left to left step left behind right, step right to right, step left to left  
7&8            Sweeping right to right step right behind left making ¼ turn right, step left to right, step right slightly forward making ¼ turn right

## WALK, WALK, TOUCH, &, KICK, SAILOR RIGHT, ½ TURN SAILOR LEFT

9-10            Step forward on left, step forward on right  
11&12            Touch left behind right, step left behind right, kick right forward  
13&14            Sweeping right to right step right behind left, step left to left, step right on right  
15&16            Sweeping left to left step left behind right making ¼ turn left, step right next to left, step left slightly forward making ¼ turn left

## FORWARD, FORWARD, BEHIND, & CROSS, LEFT, RIGHT, LEFT, RIGHT, LEFT, RIGHT

17            Step forward on right at 45 degree rolling right knee & hip from left to right  
18            Step forward on left at 45 degree rolling left knee & hip from right to left  
19&20            Step right behind left, step left to left, cross step right over left  
21&22            Step forward on left at 45 degree leading with left hip, step right up behind left, step forward on left  
23&24            Step forward on right at 45 degree leading with right hip, step left up behind right, step forward on right

## CROSS, BACK, SIDE, CROSS, SIDE, BEHIND, ROCK, RECOVER

25-28            Cross left over right, step back on right, step left on left, cross right over left  
29-32            Step left to left, step right behind left, sway left on left, sway right on right

## ROCK, RECOVER, BEHIND, & CROSS, RIGHT, LEFT, RIGHT, LEFT, RIGHT, LEFT

33-34            Sway left on left, sway right on right  
35&36            Step left behind right, step right to right, cross left over right  
37&38            Step forward on right at 45 degree leading with right hip, step left up behind right, step forward on right  
39&40            Step forward on left at 45 degree leading with left hip, step right up behind left, step forward on left

## CROSS, BACK, SIDE, CROSS, SIDE, BEHIND, ¼ TURN, ¼ TURN

41-44            Cross right over left, step back on left, step right on right, cross left over right  
45-48            Step right to right, step left behind right, turn ¼ right on right, turn ¼ right stepping on left

## FORWARD, FORWARD, CROSS, BACK, SIDE, FORWARD RIGHT, LEFT, RIGHT, FORWARD LEFT, RIGHT, LEFT

49            Step forward right on 45 degree rolling right knee,  
50            Step forward left on 45 degree rolling left knee  
51&52            Cross right over left, turn ¼ right stepping left to left, step right to right  
53&54            Step forward on left at 45 degree leading with left hip, step right up behind left, step forward on left

55&56 Step forward on right at 45 degree leading with right hip, step left up behind right, step forward on right

**FORWARD, FORWARD, CROSS, BACK, SIDE, FORWARD RIGHT, LEFT, RIGHT, FORWARD LEFT, RIGHT, LEFT**

57 Sep forward left on 45 degree rolling left knee

58 Step forward right on 45 degree rolling right knee

59&60 Cross left over right, turn  $\frac{1}{4}$  left stepping right to right, step left to left

61&62 Step forward on right at 45 degree leading with right hip, step left up behind right, step forward on right

63&64 Step forward on left at 45 degree leading with left hip, step right up behind left, step forward on left

**REPEAT**

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